

Continuing Education & Swim Program



GENERAL INFORMATION

Please read before registering for any class.

Unless you are notified otherwise, you may assume you are in the course for which you registered.

No school credit is given for any course.

Whenever a particular school is closed during the day, whether for planned vacations, inclement weather, or for other emergency reasons, classes scheduled for that school will not meet that night. *All cancelled classes will be made up.*

Please Note: In the event of a district snow day, your class will be canceled.

*Mohonasen does not specifically endorse any of our Adult Education providers or courses and the opinions, beliefs and practices of the presenters are entirely their own.

IMPORTANT DATES

REGISTRATION CLOSES TWO WEEKS BEFORE YOUR CLASS STARTS

We are always looking for new courses and teachers. We would like to hear from you if you feel you are qualified to teach a course or have suggestions or ideas for new courses. If you are interested, call the Adult Education Office at (518) 356-8303 or email AdultEducation@mohonasen.org

SCHOOL LOCATIONS:

Bradt Elementary

2719 Hamburg Street, Schenectady, NY 12303

Pinewood Elementary

901 Kings Road, Schenectady, NY 12303

Mohonasen High & Draper Middle School

2072 Curry Road, Schenectady, NY 12303

CAT Building

400 Warrior Way, Schenectady, NY 12303

DRIVER EDUCATION FOR STUDENTS

Mohonasen is now offering driver education programs throughout the year — one in the fall, spring and summer. The program is open for students outside the district as well.

The fall 2026 sixteen-week program will run from September 14, 2026 to January 13, 2027. Registrants must have a driver's permit before September 14, 2026.

Find more about the driver education program on the Mohonasen website or FamilyID.

Contact Kate Barry at (518)356-8210, or by email at kbarry@mohonasen.org if you need additional information.

REGISTRATION

Complete a Continuing Education registration form and mail it with a check made payable to:

**Mohonasen Continuing Education
Mohonasen High School
2072 Curry Road
Schenectady, New York 12303**

Continuing Education Inquiries: (518) 356-8303

Email: AdultEducation@mohonasen.org

DO NOT SEND CASH! A separate check must be issued for each course. Checks are cashed after the first class.

Please indicate course title on each check. Registration for classes cannot be made by telephone.

If you decide to withdraw from a class after registration closes, but before a class begins, you will receive a refund less a \$5 service charge. No refunds will be given for one or two-night courses after registration closes, unless the course is canceled.

You will not receive a refund after the second class of any course.

SWIM PROGRAM

Please note that all Aquatics Program registrations will be done online using FamilyID. For Online registration instructions, please visit www.mohonasen.org/familyid

Swim Program Inquiries: (518) 356-8270

Email: afaucett@mohonasen.org

MONDAY

GETTING PAID TO TALK/AN INTRODUCTION TO VOICE OVER

A Single-Evening Workshop and Q&A

By: Voice Coaches

Location: Voice Coaches/White Lake Studios

Address: 26 Vly Road, Albany, NY

Fee: \$25

Length: One night

Date: 10/26

Time: 6:30–9 p.m.

Class limit: Ten people

Join us for an upbeat, single-evening insider's look into the growing field of professional voice over.

From audio books to advertisements and beyond, we encounter recorded voices everywhere! In this one-night class, your instructor will take you behind-the-scenes in the voice over field for a fun and realistic look at how the voice over field really works. You'll gain an inside perspective on developing skills, and how to leverage your voice's strengths and interests, and more. You'll also have an opportunity to record a sample professional voice over under the direction of the instructor.

About The Instructor: With more than 30 years as a voice over artist and voice over producer, your instructor is part of the team at Voice Coaches with clients including major television networks, gaming designers, audio book publishers and more. Learn more at voicecoaches.com.

MONDAY

UNLOCK THE MAGIC OF CROCHET

By: Maureen J Pivacek

School: Mohonasen High School

Room: 62

Class Time: 6-7:30 p.m.

Fee: \$120 (\$20 Supply fee to be collected first class)

Length: Three nights

Dates: 9/14, 9/21, 9/28

Level: Beginner

Class limit: Eight people

In this three week one and a half hour course, you will learn how to crochet in the round. Which means if you took my beginner class in the spring or even if you didn't, you'll be single crocheting in the round. It is imperative that you can single crochet to take this class. At the end of the three weeks, you will have completed a crocheted pumpkin. A great decoration to have for fall. Maureen's yarn boutique will supply everything needed. At the first class, a \$20 fee will be collected for the supplies from each person. Crocheting is a very relaxing and therapeutic experience. Come out to chill and chat while learning a new skill. Left and right handers welcome.

MONDAY

BEGINNER-TO-INTERMEDIATE GUITAR

By: Don & Mike Warren

School: Draper Middle School

Room: 104

Fee: \$50

Length: Four weeks

Dates: 9/14, 9/21, 9/28, 10/5

Time: 7–8 p.m.

Class limit: Thirty people

Always wished you could play guitar or ukulele but never knew where to start? In this relaxed four-week class, you'll learn a handful of simple chords, easy strumming patterns, and begin playing recognizable songs together with the group.

No musical experience is required. This class is designed especially for adults who are completely new, or who may have tried years ago and want to start again in a supportive, low-pressure environment.

Instructor Don Warren, founder of Warren Music Academy, has decades of experience helping beginners quickly feel comfortable and make real progress.

Prior to Class you will receive an email giving you a head start on knowing how to tune the guitar, along with other useful tips. What to Bring: Your guitar, a pick (if you prefer), a tuner, and a pen. Missing something? Let us know, and we'll help you out.



MONDAY

MONDAY

INTRODUCTION TO MAKING A CHUNKY BLANKET

By: Lisa Miccio

School: Mohonasen High School

Room: 40

Class time: 6-9 p.m.

Fee: \$80 (All materials are included)

Length: One night, please indicate on registration form which night you will be attending and two color choices. (Listed below)

Dates: 9/14, 10/5, 11/30

Level: Beginner, no prior knitting experience necessary

Class limit: Five people per class

Colors to choose from (list on registration):

IVORY, SAGE, LILAC, COUNTRY BLUE, BEIGE

Back by popular demand Introduction To Chunky Blankets: Have you always wanted to learn how to make a chunky blanket? Well here's your chance to learn! In this class you will learn the basics of how to make a chunky blanket from your cast on stitch to your cast off stitch. You will learn the simple chain stitch and how to fuse two skeins together. In class you will receive personal one on one assistance if needed and you will leave with the confidence to start one on your own at home. No experience is needed. No needles or hooks needed either, just a desire to learn and your hands. Class includes five skeins of yarn, instruction, and all written material to take home. Class is \$80. Yarn choices are as follows: Ivory, Lilac, Country Blue, Sage or Beige. You can use one color OR a combination of two, but you need a total of five skeins to make a blanket roughly 30x50. Please bring your own scissors and a lighter to class.

MON/TUES

MONDAY/TUESDAY

AARP - SMART DRIVER COURSE

By: AARP Instructor

School: Mohonasen High School

Room: 62

Fee: Members \$25; Non-Members \$30 - Checks made out to AARP.

Length: Two nights

Dates: 10/5, 10/6

Class time: 6-9 p.m.

Class limit: 25

Must bring your AARP card & Driver's license and attend both nights.

This is a 6-hour classroom refresher course for drivers 50 and over. The impacts of aging on driving are highlighted. A 10% discount on collision & liability and 4 points reduction available upon completion. A New York State driving license is required, please bring it to class. **Checks should be made out to AARP.**



TUESDAY

BEGINNING LINE DANCING

By: Sue Kaupelis

School: Pinewood Elementary School

Room: Cafeteria

Fee: \$50

Length: Seven weeks

Start Dates: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27

Class time: 6-7:30 p.m.

Start with some basic steps – Learn some simple line dances for fun and exercise at the same time. If you are brand new, this class is for you!
ALL registrations must be mailed in.

TUESDAY

LEARN TO SEW OR IMPROVE THE SKILLS YOU ALREADY HAVE

By: Barb Nackley

School: Mohonasen High School

Room: 40

Fee: \$150 (some small supplies are included)

Length: 10 weeks

Dates: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17

Class time: 6:15 –8:15 p.m.

Level: Beginner to intermediate

Want to learn to sew or improve your sewing skills? This class is perfect for complete beginners and people who have sewn in the past but need a refresher.

Please bring to the first class:

- Sewing Machine
- 1 ½ yards of cotton fabric for the tote bag
- Coordinating thread
- Sharp fabric scissors

TUESDAY

ZUMBA

By: Laurie Zinnershine

School: Bradt

Room: Gym

Length: Six weeks

Session one: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

Fee: \$48 – for session 1

Session two: 11/3, 11/10, 11/17, 11/24, 12/1, 12/8

Fee: \$48 – for session 2

Class time: 6-7 p.m.

PLEASE LIST **TUESDAY** ON YOUR REGISTRATION

ZUMBA!® is a fusion of Latin, International and popular music/dance themes creating a dynamic, exciting, hypnotic, and effective fitness experience! The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body with easy to follow dance steps. Beginner to advanced, everyone is welcome to join the party!

TUESDAY

INTRODUCTION BALLET AND MODERN DANCE

By: Beth Jacobs

School: Mohonasen High School

Room: Cafeteria A

Fee: \$75

Length: 10 weeks

Dates: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17

Class time: 7-8 p.m.

The class blends vocabulary and history of classical ballet, Russian ballet technique, British RAD ballet and American Ballet styles together with elements of Graham, Ailey and other modern dance idioms. The teacher was a professional ballet and modern dancer in NYC and elsewhere. Wear work out clothing and have hair secured in place and away from face, no swing ponytails. Wear socks, ballet shoes or bare feet.



WEDNESDAY

WEDNESDAY

BOATING SAFETY

By: Jack Hochmuth

School: Draper Middle School

Room: Library

Fee: \$10

Supply fee: \$20 (to be collected first night of class)

Length: Four weeks

Dates: 10/21, 10/28, 11/4, 11/11

Class time: 6:30–8:30 p.m.

This course meets the New York State and U.S. Coast Guard requirements for Personal Watercraft (PWC) Operation and Youth and Adult Boating Certification. Upon successful completion, participants will receive a boating certificate that is good for life and can be used to operate a PWC (e.g., Jetski) or as a youth boater able to operate a vessel independently. (To operate a PWC independently, a person must be at least 14 years old and have their boating certificate on board.) This course teaches the fundamentals of safe boating operation, including accidents and emergencies; boating related activities; boats and motors; equipment; fueling and ventilation; marine environment; numbering and registration; personal watercraft; and rules of the road. The course is for adults and children 10 years of age and older. Limit 25 participants.

WEDNESDAY

GREETING CARD CLASS

By: Joanne Mulligan

School: Mohonasen High School

Room: 68

Fee: \$25

Length: One class

Date: 9/23

Class time: 6–8 p.m.

Level: Beginner to Advanced, all levels welcome

In this class you will create three cards suitable for several occasions, such as Sympathy, Thank You, and Thinking of You. Please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner, with all other supplies provided by the instructor. For any questions you can contact the instructor at jo@joscraftcorner.com.

WEDNESDAY

ADVANCED TECHNIQUE CARD CLASS

By: Joanne Mulligan

School: Mohonasen High School

Room: 68

Fee: \$25

Length: One class

Date: 10/7

Class time: 6–8 p.m.

Level: Intermediate to Advanced - **Pre-requisite: Basic stamping knowledge is necessary**

In this class you will create three fall holiday cards using advanced techniques such as thermal embossing and, a fancy fold and please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner with all other supplies will be provided by the instructor. For any questions you can contact the instructor at jo@joscraftcorner.com.

WEDNESDAY

CHRISTMAS CARD CLASS

By: Joanne Mulligan

School: Mohonasen High School

Room: 68

Fee: \$25

Length: One class

Date: 10/28

Class time: 6–8 p.m.

Level: Beginner to advanced, all levels welcome

Your friends and family will love receiving beautiful Christmas cards handmade by you! In this class you will be creating three Christmas cards using rubber stamp images, inks, and specialty paper. **Please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner with all other supplies will be provided by the instructor.** For any questions you can contact the instructor at jo@joscraftcorner.com.



WEDNESDAY

WEDNESDAY

CHRISTMAS CARD CLASS ADVANCED

By: Joanne Mulligan

School: Mohonasen High School

Room: 68

Fee: \$25

Length: One class

Date: 12/2

Class time: 6-8 p.m.

Level: Intermediate to Advanced - **Pre-requisite: Basic stamping knowledge is necessary**

In this class you will be making three Christmas cards using advanced techniques such as thermal embossing and fancy folds. Please bring a pair of sharp scissors and adhesive to class. Suggested adhesives are craft glue, double sided tape or a tape runner with all other supplies will be provided by the instructor. For any questions you can contact the instructor at jo@joscraftcorner.com.

WEDNESDAY

EXPANSIVE YOGA

By: Antoinette Furbert, Certified Yoga Instructor, B.S.

School: Center for Advanced Technology

Room: 110B

Fee: \$96

Length: Eight weeks

Dates: 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4

Class time: 6:30-7:30 p.m.

Level: MIXED

Come experience the benefits of a yoga practice that blends the Celebration of the Heart and the Science of Biomechanics. Expansive Yoga is a yoga practice which integrates the mechanical laws of movement with balanced energetic action in the performance of asana to tone muscles, increase strength and flexibility while increasing awareness and sense of wellbeing. Thus, each practice starts with a heart-oriented theme that is intertwined with the postural instructions.

Classes are dedicated to serving and empowering each student, while cultivating lighted heartedness, playfulness, and joyful awareness. Classes are designed using progressively sequencing instruction to assist students of all levels toward advancing their practice.

WEDNESDAY

CHUNKY BLANKETS, LET'S LEARN A NEW STITCH

By: Lisa Miccio

School: Mohonasen High School

Room: 40

Class time: 6-9 p.m.

Fee: \$90 (All materials are included)

Length: One night, please indicate on registration form which night you will be attending and two color choices. (Listed below)

Dates: 9/16, 10/7, 11/4

Level: Some experience is preferred BUT not a requirement

Class limit: Five people per class

Colors to choose from (list on registration):

IVORY, SAGE, LILAC, COUNTRY BLUE, BEIGE

If you've taken Introduction to Chunky Blankets OR you already know how to make one and want to learn a new stitch, this class is for you! In this class you will learn how to do either The Broken Herringbone Stitch OR The Herringbone Stitch, which is an easy step up from the basic chain stitch of a chunky blanket. These stitches give your blanket texture and dimension. You will review the basic steps learned in The Introduction to Chunky Blankets and introduce the new skill of adding a new stitch. Some experience is preferred BUT not a requirement to take this course. No needles or hooks needed, just a desire to learn and your hands. Class includes six skeins of yarn, instruction and all written material to take home. This class is \$90 and yarn choices are as follows: Ivory, Lilac, Country Blue, Sage or Beige. You can use one color OR a combination of two, but you need a total of six skeins to make a blanket roughly 30x50. Please bring your own scissors and a lighter to class.



THURSDAY

THURSDAY

ZUMBA

By: Laurie Zinnershine

School: Bradt

Room: Gym

Length: Six weeks

Session one: 9/17, 9/24, 10/1, 10/8, 10/15, 10/22

Fee: \$48 for Session one

Session two: 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Fee: \$48 for Session two

Class time: 6-7 p.m.

PLEASE LIST **THURSDAY** ON YOUR REGISTRATION

ZUMBA!® is a fusion of Latin, International and popular music/dance themes creating a dynamic, exciting, hypnotic, and effective fitness experience! The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body with easy to follow dance steps.

THURSDAY

MEDICARE 101

By: Vicki Beyer

School: Mohonasen High School

Room 62

Fee: Free

Length: One night

Date: 10/22

Class time: 6-7 p.m.

This is a great educational presentation to review the basics of Medicare. It is perfect if new to Medicare or can be a refresher.

THURSDAY

CUPCAKE/CAKE DECORATING

By: Tara Connors (Bash Parties)

School: High School

Room: 40

Fee: \$40 (Plus \$30 supply fee) BRING TO FIRST CLASS

Date: 11/12

Time: 6-8 p.m.

Level: Beginner to intermediate

Class limit: 15 people

If you know your basics or are trying for the first time, we're happy to have you join! We'll start with the basics like bag assembly piping shapes, borders, simple flowers then try out flowers with Russian decorating tips. Participants will make turkey, sunflower, pie and flower cupcakes. In our two hour course, we'll make 6 amazing cupcakes for you to take home. All food supplies and take home containers are included. Course led by Tara Connors of Bash Parties.



TUESDAY

MEDICARE 101

By: James W. Farnham, MBA, MS
 School: ZOOM WEBINAR
 Fee: Free
 Length: One night
 Date: November 17
 Class time: 6-8 p.m.

You must self-register in advance for this educational event. Please register at: <https://bit.ly/4uqy1eD>

After registering, you will receive an attendance email containing information on joining the webinar. At the online registration page, please fill in your first name only and leave your last name blank. Please self-register, again, with your first name only.

Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about eligibility, how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare what services are covered/not covered under Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance.

Explore and evaluate Original Medicare, Medicare Supplement Insurance, High-Deductible Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make; help you make more well-informed decisions and explain what Medicare means for you! This is an educational event.

THURSDAY

MEDICARE 101

By: James W. Farnham, MBA, MS
 School: ZOOM WEBINAR
 Fee: Free
 Length: One night
 Date: October 1
 Class time: 6-8 p.m.

You must self-register in advance for this educational event. Please register at: <https://bit.ly/3QA08Jl>

After registering, you will receive an attendance email containing information on joining the webinar. At the online registration page, please fill in your first name only and leave your last name blank. Please self-register, again, with your first name only.

Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about eligibility, how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare what services are covered/not covered under Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance.

Explore and evaluate Original Medicare, Medicare Supplement Insurance, High-Deductible Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make; help you make more well-informed decisions and explain what Medicare means for you! This is an educational event.

SATURDAY

MEDICARE 101

By: James W. Farnham, MBA, MS
 School: ZOOM WEBINAR
 Fee: Free
 Length: One night
 Date: December 12
 Class time: 10 a.m.- 12 p.m.

You must self-register in advance for this educational event. Please register at: <https://bit.ly/4tMq0AM>

After registering, you will receive an attendance email containing information on joining the webinar. At the online registration page, please fill in your first name only and leave your last name blank. Please self-register, again, with your first name only.

Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about eligibility, how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare what services are covered/not covered under Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance.

Explore and evaluate Original Medicare, Medicare Supplement Insurance, High-Deductible Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make; help you make more well-informed decisions and explain what Medicare means for you! This is an educational event.

registration FORM

Please use separate form for each class and registrant. You may copy this form. **PLEASE PRINT!**

Course Title		
Dates Held or Session		
Your Name		
Street		
City	State	Zip
Phone (HOME)	(CELL)	(E-mail)
School District of Residence		
Fee Paid \$	Check No.	

Course Title		
Dates Held or Session		
Your Name		
Street		
City	State	Zip
Phone (HOME)	(CELL)	(E-mail)
School District of Residence		
Fee Paid \$	Check No.	

Course Title		
Dates Held or Session		
Your Name		
Street		
City	State	Zip
Phone (HOME)	(CELL)	(E-mail)
School District of Residence		
Fee Paid \$	Check No.	

registration FORM

FALL 2026

Please use separate form for each class and registrant. You may copy this form. **PLEASE PRINT!**

Course Title		
Dates Held or Session		
Your Name		
Street		
City	State	Zip
Phone (HOME)	(CELL)	(E-mail)
School District of Residence		
Fee Paid \$	Check No.	

Course Title		
Dates Held or Session		
Your Name		
Street		
City	State	Zip
Phone (HOME)	(CELL)	(E-mail)
School District of Residence		
Fee Paid \$	Check No.	

Course Title		
Dates Held or Session		
Your Name		
Street		
City	State	Zip
Phone (HOME)	(CELL)	(E-mail)
School District of Residence		
Fee Paid \$	Check No.	

POSTAL CUSTOMER

MOHONASEN CONTINUING EDUCATION | FALL 2026



SCHOOL LOCATIONS

Bradt Elementary

2719 Hamburg Street, Schenectady, NY 12303

Pinewood Elementary

901 Kings Road, Schenectady, NY 12303

Mohonasen High & Draper Middle School

2072 Curry Road, Schenectady, NY 12303

CAT Building

400 Warrior Way, Schenectady, NY 12303

CONTACT US

Continuing Education Inquiries: (518) 356-8303

Email: AdultEducation@mohonasen.org

Swim Program Inquiries: (518) 356-8270

Driver Education: (518) 356-8210, or email
kbarry@mohonasen.org