For the 2025-26 school year, each student is eligible to receive 1 free breakfast and 1 free lunch each school day.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Ivioliday	1 uesuay 2	wednesday 3	Thursday 4	Filiay 5
-	-		Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:
			Chocolate Chip Muffin,	Mini Powdered Donut,
			Bagel, Assorted Cereal, Yogurt,	Bagel, Assorted Cereal,
Labor Day	Staff Development	Staff Development	Assorted Fruit, Juice & Milk	Yogurt, Assorted
	Day	Day		Fruit, Juice & Milk
No Cohool	Day	Day	Hot Lunch	Hattunah
No School			Chicken Nuggets,	Hot Lunch Pizza Hut Cheese Pizza,
			Oven Fries, String Cheese, Scooby Graham Snack,	String Cheese OR Yogurt,
			Green Bean Salad, Baked Beans,	Red Pepper Strips,
			Assorted Fruit, Juice & Milk	Celery Sticks, Baby Carrots,
			7,0301 tea 11 art, saree a 14 mile	Assorted Fruit, Juice & Milk
8	9	10	11	12
Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:
Mini Cinni,	Blueberry Lemon Bar,	Banana Bread,	Chocolate Donut,	Egg & Cheese Breakfast
Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	Bagel, Assorted Cereal, Yogurt,	Bagel, Assorted Cereal,	Sandwich, Bagel, Assorted
Yogurt, Assorted Fruit,	Yogurt, Assorted Fruit,	Assorted Fruit, Juice & Milk	Yogurt, Assorted Fruit,	Cereal, Yogurt, Assorted
Juice & Milk	Juice & Milk		Juice & Milk	Fruit, Juice & Milk
		Brunch For Lunch		
Hot Lunch	Hot Lunch	French Toast Pouch,	Hot Lunch	Hot Lunch
Pizza Crunchers,	Cheeseburger,	Pork Sausage, Yogurt,	Taco Beef and Cheese Stick,	Stuffed Crust Cheese Pizza,
Tomato Sauce,	Oven Fries,	Hard Boiled Egg,	Fiesta Rice, Corn,	String Cheese OR Yogurt,
Roasted Potatoes,	Baked Beans, Coleslaw,	Potato Tater Triangles,	Tortilla Chips, Salsa,	Baby Carrots,
Roasted Broccoli,	Assorted Fruit, Juice & Milk	Hot Apples, Baby Carrots,	Assorted Fruit, Juice & Milk	Red Pepper Strips,
Dinner Roll, Baby Carrots,		Assorted Fruit, Juice & Milk		Assorted Fruit, Juice & Milk
Assorted Fruit, Juice & Milk 15	16	47	10	10
Breakfast - Pick 4 Items:	16 Breakfast - Pick 4 Items:	17 Breakfast - Pick 4 Items:	18 Breakfast - Pick 4 Items:	19 Breakfast - Pick 4 Items:
Honey Bun,	Maple Pancakes,	Cinnamon Toast Crunch Muffin,	Strawberry Oatmeal Bar,	Pork Sausage, Egg & Cheese
Bagel, Assorted Cereal, Yogurt,	Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	String Cheese,	Breakfast Sandwich, Bagel,
Assorted Fruit, Juice & Milk	Yogurt, Assorted Fruit,	Yogurt, Assorted Fruit,	Bagel, Assorted Cereal,	Assorted Cereal, Yogurt,
7 issorted 1 rate, saled & Willia	Juice & Milk	Juice & Milk	Yogurt, Assorted Fruit,	Assorted Fruit, Juice & Milk
Hot Lunch			Juice & Milk	
Mozzarella Sticks,	Hot Lunch	Hot Lunch		Hot Lunch
Tomato Sauce,	Popcorn Chicken Wrap,	Chicken Pizza Quesadilla,	Hot Lunch	Pizza Hut Cheese Pizza,
Roasted Potatoes,	Shredded Cheddar,	Corn, Refried Bean Dip,	Rotini & Tomato Sauce,	String Cheese OR Yogurt,
Italian Green Beans,	Shredded Lettuce,	Salsa, Corn Chips,	Dinner Roll, String Cheese,	Celery Sticks,
Dinner Roll, Baby Carrots,	Oven Fries, Coleslaw,	Assorted Fruit & Milk	Roasted Broccoli,	Red Pepper Strips,
Assorted Fruit, Juice & Milk	Baby Carrots,		Italian Cucumbers,	Baby Carrots,
	Assorted Fruit, Juice & Milk		Assorted Fruit, Juice & Milk	Assorted Fruit, Juice & Milk
22	23	24	25	26
Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:
Blueberry Muffin,	Apple Frudel,	Cinnamon Toast Crunch Bar,	Chocolate Bread,	Egg & Cheese Breakfast
Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	String Cheese,	Sandwich, Bagel, Assorted
Yogurt, Assorted Fruit,	Yogurt, Assorted Fruit,	Yogurt, Assorted Fruit,	Bagel, Assorted Cereal,	Cereal, Yogurt, Assorted
Juice & Milk	Juice & Milk	Juice & Milk	Yogurt, Assorted Fruit, Juice & Milk	Fruit, Juice & Milk
Hot Lunch	Hot Lunch	Hot Lunch	Juice & Willik	Hot Lunch
Cheese Filled Breadsticks,	Chicken Tenders,	Nacho Salad Supreme,	Hot Lunch	5" Round Cheese Pizza,
Tomato Sauce,	Oven Fries,	Assorted Toppings,	Ciabatta Grilled Cheese,	String Cheese OR Yogurt,
Roasted Potatoes,	Eggo Waffle Snack,	Hot Cheese OR Shredded	Oven Fries, Cheez-Its,	Cauliflower Salad,
Italian Green Beans,	Coleslaw, Baked Beans,	Cheddar Cheese,	Broccoli Ranch Salad,	Baby Carrots,
Baby Carrots,	Assorted Fruit, Juice & Milk	Red & Green Peppers,	Assorted Fruit, Juice & Milk	Red Pepper Strips,
Assorted Fruit, Juice & Milk		Assorted Fruit, Juice & Milk		Assorted Fruit, Juice & Milk
29	30			
Breakfast - Pick 4 Items:	Breakfast - Pick 4 Items:			
Pumpkin Bread,	Confetti Pancakes,		Food shortages are nationwide,	
Bagel, Assorted Cereal, Yogurt,	Bagel, Assorted Cereal,		and our district is also	
Assorted Fruit, Juice & Milk	Yogurt, Assorted Fruit,		experiencing unavailable items or	If your child has a food
	Juice & Milk		last-minute replacements. Menus	allergy, please notify us at
Hot Lunch			are subject to change, but we will	(518) 356-8225.
Pretzels & Hot Cheese,	Hot Lunch		do our best to notify you if there	Allergy information available
Roasted Broccoli,	Lasagna Roll Up,		are any changes. We appreciate	on request.
Turkey Stick,	Garlic Knot,		your patience and understanding!	
String Cheese,	Italian Green Beans,			
Baby Carrots,	Italian Cucumbers,			
Assorted Fruit, Juice & Milk	Assorted Fruit, Juice & Milk			

Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: <a href="https://www.usda.gov/sites/default/files/documents/USDA-OASCR P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf(link is external), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov(link is external)

This institution is an equal opportunity provider.