September 2025

For the 2025-26 school year, each student is eligible to receive 1 free breakfast and 1 free lunch each school day.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	•
Labor Day No School	Staff Development Day	Staff Development Day	Nacho Salad Supreme Tortilla Chips OR Burrito Wrap, Hot Cheese OR Shredded Cheddar Cheese, Assorted Toppings, Assorted Fruit & Milk	Pretzels & Hot Cheese Roasted Brocco Turkey Stic Mixed Green Salac Baby Carrots, Assorte Fruit, Juice & Mi
8	9	10	11	1
Mozzarella Sticks & Garlic Breadsticks Tomato Sauce, Italian Green Beans, Baby Carrots, Assorted Fruit, Juice & Milk	General Tso's Chicken Wrap Edamame Bean Salad, Fried Rice, Roasted Broccoli, Red & Green Peppers, Assorted Fruit, Juice & Milk	Chicken Tenders & Spicy Fries Corn, Coleslaw, Eggo Waffle Snack, Baby Carrots, Assorted Fruit, Juice & Milk	Nacho Salad Supreme Tortilla Chips OR Burrito Wrap, Hot Cheese OR Shredded Cheddar Cheese, Assorted Toppings, Assorted Fruit & Milk	Buffalo OR Cheese Pizz String Cheese, Yogur Tossed Sala Carrot & Celery Stick Assorted Fru Juice & Mi
15	16	17	18	1
Pizza Crunchers Tomato Sauce, Roasted Potatoes, Dinner Roll, Italian Green Beans, Baby Carrots, Assorted Fruit, Juice & Milk	Chicken Mash Potato Bowl Gravy, Corn, Shredded Cheddar, Baby Carrots, Dinner Roll, Assorted Fruit, Juice & Milk	Rotini & Tomato Sauce Roasted Broccoli, String Cheese, Dinner Roll, Italian Cucumbers, Chickpea Salad, Assorted Fruit, Juice & Milk	Nacho Salad Supreme Tortilla Chips OR Burrito Wrap, Hot Cheese OR Shredded Cheddar Cheese, Assorted Toppings, Assorted Fruit & Milk	Pizza Sticks & Buffalo Win Tomato Sauc Coleslar Celery Stick Baby Carrot Assorted Fru Juice & Mi
22	23	24	25	7
hicken Pizza Quesadilla Spanish Rice, Refried Beans, Tortilla Chips, Salsa, Assorted Fruit & Milk	Lasagna Roll Up & Garlic Knot Roasted Broccoli, Chickpea Salad, Caesar Salad, Assorted Fruit, Juice & Milk	Build Your Own - Mac & Cheese w/Buffalo Chicken Italian Cucumbers, Steamed Seasoned Broccoli, Dinner Roll, Baby Carrots, Assorted Fruit & Milk	Nacho Salad Supreme Tortilla Chips OR Burrito Wrap, Hot Cheese OR Shredded Cheddar Cheese, Assorted Toppings, Assorted Fruit & Milk	Honey Sriracha Chicken Su Shredded Lettuc Cilantro Sauc Oven Frie Celery Stick Baby Carrot Assorted Frui Juice & Mi
Taco Cheese Fries Assorted Toppings, Hot Cheese, Shredded Cheddar, Tortilla Chips, Salsa, aby Carrots, Dinner Roll, Assorted Fruit & Milk	Sweet & Sour Noodle Bowl Edamame Bean Salad, Asian Cabbage Salad, Assorted Fruit, Juice & Milk		If your child has a food allergy, please notify us at (518) 356-8225. Allergy information available on request.	Food shortages are nationwide, and our district also experiencing unavailab items or last-minute replacements. Menus are subject to change, but we w do our best to notify you ithere are any changes. Wappreciate your patience are understanding!

Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf(link is external), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov(link is external)

This institution is an equal opportunity provider.