

# Mohonasen Central School District Mental Health and Community Resource Guide

*Updated July 2025*



\* Below is a list of community agencies that are available to assist those in need. **If you are experiencing an emergency, please contact 911 or seek assistance from your medical provider or nearest emergency room**

\* This list was designed to support students and their families. It is not comprehensive, nor do we endorse specific practices and agencies.

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## Acute Crisis

**\*\*If you are experiencing an imminent psychiatric emergency dial 911 or go to the nearest emergency room.**

Agency	Description
Rotterdam Police	In an imminent emergency, call 911 immediately.

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## **Crisis Support Lines**

### **988 Suicide & Crisis Lifeline— Text or call or 988**

For additional information see [website](#)

### **Spanish-Línea 988 de Prevención del Suicidio y Crisis- Llama, Textea, Chatea**

For additional information see [website](#):

### **Trevor Lifeline- LGBTQ+ Youth**

**Text “START” to 678-678**

**Or call 1-866-488-7386**

For additional information see [website](#)

### **Deaf & Hard of Hearing, Hearing Loss**

**Text or call or 988**

For additional information see [website](#)

The 988 Suicide & Crisis Lifeline connects you to trained crisis counselors 24/7. They can help anyone thinking about suicide, struggling with substance use, experiencing a mental health crisis, or any other kind of emotional distress.

En la línea 988 de prevención del suicidio y crisis, entendemos que los retos de la vida a veces pueden ser difíciles. Independientemente de que se enfrente a problemas de salud mental, angustia emocional, preocupaciones por el consumo de alcohol o drogas, o simplemente necesite a alguien con quien hablar, nuestros amables consejeros están aquí para ayudarlo. No está solo.

Trained counselors understand the challenges LGBTQ+ young people face and are available for support 24/7. They will listen without judgment. When you text, chat, or call, all of your conversations are confidential, and you can share as much or as little as you'd like.

988 crisis contact offers services for people who are Deaf and Hard of Hearing as well as veterans

<p><b>Deaf LEAD</b></p> <ul style="list-style-type: none"> <li>• Contact using a webcam enabled device, through DeafLEAD's website, by clicking the ASL Now button. <a href="https://deaflead.org/">https://deaflead.org/</a></li> <li>• By Videophone: Contact by using your personal video phone or smartphone (VRS) and dial (321) 800-3323.</li> </ul> <p><b>Veterans Crisis Line</b> Contact Information: 1-800-799-7233. For Deaf and/or Hard of Hearing: 1-800-787-3224</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The Deaf Crisis Line (DCL) is a resource for the Deaf and Hard of Hearing, and American Sign Language (ASL) users. This operates as a videophone, a face-to-face platform that offers callers direct connection to trained crisis counselors fluent in ASL. Callers may use the text feature if they prefer to type.</p> <p>Confidential, 24/7 support for veterans in crisis and/or their loved ones</p>
<p><b>Northern Rivers Mobile Crisis Response Services</b> (518) 292-5499</p> <p><b>For additional information see <a href="#">website</a>:</b></p> <p><b>Hours:</b> Monday-Friday, 8 AM - 10 PM Saturday-Sunday (11 AM - 7 PM)</p>	<p>In an imminent emergency, call 911 immediately.</p> <p>Services include: Telephone support for children and families experiencing emotional and/or behavioral crisis. There is in-person crisis assessment and intervention for individuals experiencing emotional and/or behavioral crisis anywhere in the community</p>
<p><b>Child Protective Services</b></p> <p><b>**If you believe that a child is in immediate danger, call 911 or your local police department.</b></p> <p><b>Call Statewide Toll Free Telephone:</b> 1-800-342-3720</p> <p><b>If you are deaf or hard of hearing:</b> Call TDD/TTY at 1-800-638-5163</p>	<p>In NYS all reports of abuse or maltreatment are received by the State Central Register which is located in Albany via a special telephone hotline which can be accessed 24 hours a day, 7 days a week.</p> <p>Calls are accepted both from the general public, who are able to remain anonymous, and from certain professionals who by law are designated as mandated reporters. Reports of abuse or maltreatment may be made for children from birth up to their 18th birthday.</p>

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<p>or have your Video Relay System provider call 1-800-342-3720</p> <p><b>For additional information see <a href="#">website</a></b></p>	
<p><b>Capital District Psychiatric Center Crisis Unit</b> (518) 549-6000 <b>Address:</b> 75 New Scotland Avenue Albany, NY 12208-3474</p> <p><b>For additional information see <a href="#">website:</a></b></p>	<p>24-hour emergency mental health assessment and mobile crisis</p>
<p><b>Ellis Medicine Crisis Services</b> (518) 243-4000 1101 Nott Street Schenectady, NY</p> <p><b>For additional information see <a href="#">website</a></b></p> <p>Adolescent Crisis Unit: (518) 243-4306 Emergency room: (518) 243-4000</p>	<p>Mental health services for youth, teens and adults. Available 24/7 via phone. Services are also provided in person and they take all form of insurance</p>
<p><b>The Family Room- Crisis Diversion/Support</b></p> <p>Hours: 10 AM-6 PM, Monday-Friday</p> <p>1023 State Street Schenectady, NY</p> <p>518-831-8700</p> <p>For additional information see <a href="#">website:</a></p>	<p>Teens/Tweens 10-17 years old</p> <p>Walk-in services are provided by trained mental health professionals to offer support for crises, as well as concerns related to anxiety, depression, grief, difficulties with personal relationships, substance abuse, and aggression toward oneself or others.</p>
<p><b>National Domestic Violence Hotline</b></p> <p>Contact Information: 1-800-799-7233. For Deaf and/or Hard of Hearing: 1-800-787-3224.</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Counseling, support, and referrals to local services for victims and survivors of domestic violence and/or abuse, as well as for their loved ones. Available 24/7 in over 200 languages. Secure online chat available</p>

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<p><b>The Living Room- Crisis Diversion/Support</b></p> <p>Hours: Monday - Friday   10 am - 6 pm</p> <p>1023 State Street Schenectady, NY (entrance in front)</p> <p>Phone: 518.243.1523</p> <p><b>For additional information see <a href="#">website</a>: or <a href="#">flier</a></b></p>	<p>Adults 18 and up</p> <p>Walk- in crisis diversion services to adults 18 and older. Guests will be assessed for safety throughout the visit. Supportive therapy will be provided; coping skills and stress reduction skills will be explored. Services for mental health, substance-abuse treatment, physical health providers, care management services, housing supports, and community resources are all available and provided according to the immediate needs of each individual who visits.</p>
<p><b>Healy House Northern Rivers</b> 58 Academy Rd. Albany, NY 12206 (518) 426-2600</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Short term crisis stabilization for children ages 5-12. Provides crisis stabilization, Behavior support, case management, counseling, daily living skills training, Education support services, Health services, medication management, training, and monitoring, overnight room and board accommodations, and socialization</p>
<p><b>North Star Northern Rivers</b> 58 Academy Rd. Albany, NY 12206 (518) 292-4599</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Short term crisis stabilization for children ages 12-17. Provides behavior support and crisis stabilization, case management and care coordination, comprehensive intake assessment, daily living skills training, education support servicesHealth services, individual, group, and family counseling Medication management, training, and monitoring, one to one monitoring for recipients assessed with high risk behavior, overnight room and board accommodations, and socialization</p>

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<p><b>RAINN- National Sexual Assault Hotline</b></p> <p><b>Confidential 24/7 Support</b></p> <p>Chat online at <a href="https://hotline.rainn.org/online">https://hotline.rainn.org/online</a></p> <p><b>Call: 1 (800) 656- 4673</b> <b>Text HOPE to 64673</b></p>	<p>RAINN is an anti-sexual violence organization.</p> <p>If you or someone you know has been sexually assaulted, help is available.</p> <p>Call, text, chat to connect to the National Sexual Assault Hotline to talk to a trained staff member from your location sexual assault service provider.</p>
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# Addiction

## Substance Abuse Inpatient

<u>Agency</u>	<u>Description</u>
<b>Ellis Medicine Crisis Services</b> (518) 243-4000 1101 Nott Street  <b>For additional information see <a href="#">website</a></b>	Support for substance abuse/alcoholism (with a mental health diagnosis such as depression, anxiety, etc.) They accept all insurances
<b>SAMHSA's National Helpline</b> Substance Abuse and Mental Health Services Administration  1-800-662-HELP (4357)  <b>For additional information see <a href="#">website</a></b>	SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and <u>Spanish</u> ) for individuals and families facing mental and/or substance use disorders.
<b>St. Peter's Addiction Recovery Center - Rotterdam</b> 518-357-2909 2925 Hamburg St., Schenectady, NY 12303  <b>For additional information see <a href="#">website</a></b>	St. Peter's Health Partners offers the full spectrum of services for people with alcohol addiction or drug addiction. St. Peter's Health Partners offers programs for adolescents (ages 13-18) with alcohol and substance abuse problems <b>Services:</b> Crisis intervention, inpatient care, outpatient recovery programs, group therapy, family therapy, individual counseling. They provide services for Alcohol Abuse and Opioid Abuse
<b>Conifer Park Schenectady Inpatient Clinic</b> 600 Franklin Street Schenectady, NY 12305 518-393-6446  <b>For additional information see <a href="#">website</a></b>	Services: Addiction, Alcohol Abuse, Opioid Abuse, men and women services
<b>Project Safe Point Main Office</b> 100 Slingerland St. Albany, NY 12202	Project Safe Point offers harm reduction services such as a syringe exchange program and overdose prevention

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518-449-3581 ext.130 <b>Hours:</b> Mon-Fri 8:30 AM - 4:30 PM <b>Mobile Outreach:</b> SICM Food Pantry Parking Lot 839 Albany St. Schenectady, NY 12306 <b>Hours:</b> Friday 2 PM to 4 PM <b>For additional information see <a href="#">website</a></b>	education. Project Safe Point uses harm reduction as a means to not only prevent disease transmission, overdose, and other negative consequences of drug use, but as a way to develop non-judgmental, meaningful relationships with people who use drugs.
<b>Narcotics Anonymous</b> Call to find a meeting: 855-640-8480 <b>For additional information regarding meetings, please see the <a href="#">website</a>.</b>	Narcotics Anonymous meetings have a long-standing history of helping addicts take back their lives from the effects of addiction. As an offshoot of Alcoholics Anonymous (AA), Narcotics Anonymous meetings incorporate many of the same principles within the context of drug, rather than alcohol addictions. <b>Services:</b> Group meetings, referrals, education
<b>Catholic Charities Project Substance Abuse Prevention</b> (518) 449-3581 <b>For additional information please see <a href="#">website</a></b>	Peer program, Project Safe Point, opioid overdose prevention training/ NARCAN

### Substance Abuse Outpatient

<u>Agency</u>	<u>Description</u>
<b>St. Peter's Health Partners Outpatient Clinic</b> 636 New Loudon Rd Latham, NY 12110 (518) 373-4500 <b>For additional information see <a href="#">website</a></b>	<b>Services Include:</b> evaluation/assessment/diagnosis, individual counseling, family counseling, group therapy, case management, and information and referral services
<b>St. Anne Institute</b> 160 North Main Ave, Albany, NY 12206 (518) 450-6035 <b>For additional information see <a href="#">website</a></b>	Substance abuse prevention, education, and counseling for ages 12-21 years old

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<p><b>New Choices Recovery Center Main Office</b>  728 State St, Schenectady, NY 12307  518-346-4436  <b>Outpatient Clinic</b>  840 State St, Schenectady, NY 12307  518-382-7838  <b>CRAFT Program</b>  (518) 382-7838 x 103  <b>Prevention Services</b>  718 State St, Schenectady, NY 12307  518-280-9895  Contact Michele Fonda  <b>For additional information see <a href="#">website</a></b></p>	<p>New Choices Recovery Center through its caring responsive staff, provides innovative and comprehensive addiction treatment services that enhance the quality of life for the individuals and the community we serve. <b>Services:</b> Outpatient clinical and medication services, residential programs, substance use prevention education, and outreach  <b>Hours:</b>  Mon- 8am - 7pm  Tue- 8am - 7pm  Wed- 8am - 6pm  Thur- 8am - 6pm  Fri- 8am - 4pm</p>
<p><b>Conifer Park Schenectady Outpatient Center</b>  600 Franklin Street  Schenectady, NY 12305  518-372-7031  <b>Hours:</b>  Mon-Thu: 7:30am-7:00pm  Fri: 7:30am-5:00pm  Sat: 7:30am-11:30am  <b>For additional information see <a href="#">website</a></b></p>	<p>Our Outpatient centers offer a full array of services which include both gender-specific, teen programming, and Medication assisted treatment including Methadone at four of the six locations. <b>Services:</b> Early intervention and recovery, family systems, groups, mental health services, relapse prevention, self-help and support groups. They provide services for alcohol abuse and opioid abuse</p>
<p><b>Senior Hope (Albany)</b>  (518) 489-7777  <b>Flier <a href="#">here</a></b></p>	<p><b>Service:</b> Provides care for individuals 50 years and older and their family. Focuses on prescription medication, alcohol, and Opioid Abuse</p>
<p><b>Capital Counseling</b>  670 Franklin St, Schenectady, NY 12305  518-462-6531  <b>Hours:</b> Mon-Thurs 9am-8pm,  Fri 9am-5pm  <b>For additional information see <a href="#">website</a></b></p>	<p>A non-profit that provides individual counseling, supportive group counseling, addiction support, and mental health education.</p>
<p><b>Pinnacle Place Behavioral Health</b></p>	<p>Provides services for addiction and</p>

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1 Pinnacle Place Albany, NY 12203 (518) 689-0244  <b>For additional information see <a href="#">website</a></b>	support on the road to recovery
<b>Hope House, Inc.</b> Outpatient Clinic Floor: 3, 747 Madison Ave Albany, NY 12208 (518) 482-4673  <b>For additional information see <a href="#">website</a></b>	<b>Services Include:</b> evaluation/assessment/diagnosis, individual counseling, group therapy, information and referral services

### Alcohol Abuse

<u><b>Agency</b></u>	<u><b>Description</b></u>
<b>Substance Abuse and Mental Health Services Administration (SAMHSA)</b> <b>National Helpline: 800-662-4537</b>  <b>For additional information see <a href="#">website</a></b> <b>Find additional treatment options <a href="#">here</a></b>	Provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish.  SAMHSA provides leadership, supports confidential and anonymous resources for persons seeking treatment for mental and substance use disorders in the United States and its territories. programs and services, and devotes resources to helping the United States act on the knowledge that behavioral health is essential to health, prevention works, treatment is effective, and people recover. <b>Services:</b> referrals, education
<b>Alcoholics Anonymous Capital District Central Office</b> 11 Computer Dr. Suite 100, Albany, NY 12205 518-463-0906 <b>Hours:</b> Mon- Fri - 10am-6pm Sat - 12pm-4pm  <b>For additional information see <a href="#">website</a></b>	We are a fellowship of men and women who have lost the ability to control our drinking and have found ourselves in various kinds of trouble as a result of drinking. We attempt, most of us successfully, to create a satisfying way of life without alcohol. For this we find we need the help and support of other alcoholics in AA. <b>Services:</b> Group meetings, referrals,

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	education and alcohol addiction support
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# **Behavioral Health**

## **Autism Support**

Look at the “Parenting Support Services” for in home services, group therapy, family support, and education

<p><b>The Autism Society Greater Hudson Region</b>  518-355-2191  Email: <a href="mailto:resource@asghr.org">resource@asghr.org</a>  In-Person (by appointment only):  Schenectady at 430 Franklin Street, 2nd Floor (Urban Co-Works)</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Offers programs and services for children and adults with Autism Spectrum Disorder, their families, and supporting professionals. Includes a parent support group, advocacy, psychoeducation, group therapy, outreach, and awareness initiatives.</p>
<p><b>The Arc Lexington</b>  Contact Information:</p> <ul style="list-style-type: none"> <li>• Fulton County: (518) 773-7931 — 127 E. State St, Gloversville, NY 12078</li> <li>• Schoharie County: (518) 295-8130 — 121 Opportunity Dr, Schoharie, NY 12117</li> <li>• Albany County: (518) 218-7310 — 4 Executive Park Dr, Albany, NY 12203</li> <li>• Email: <a href="mailto:info@thearclexington.org">info@thearclexington.org</a></li> </ul> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Lexington supports a number of adults and children with a diagnosis on the Autism spectrum, people who have unique needs and a need for individualized support. They tailor activities and strategies to address those needs with evidence-based interaction and communication tools including: specialized training for staff and families in Autism Spectrum Disorders, Positive Behavior Supports, Social Cognition Supports, Splash the Spectrum, Autism Movement Therapy, Assessments and Supports for Sensory Challenges, and Visual Supports</p>
<p><b>Saratoga Bridges</b>  Sarah Slagle, Assistant Director of Community and Family Support  <a href="mailto:sslagle@saratogabridges.org">sslagle@saratogabridges.org</a>  (518)587-0723 ext. 1254</p>	<p>Summary of Services:</p> <ul style="list-style-type: none"> <li>• Advocacy &amp; Outreach: Expanding awareness, access, and partnerships.</li> </ul>

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<p><b>For additional information see <a href="#">website</a></b></p>	<ul style="list-style-type: none"> <li>• Clinical Supports: Includes nursing, therapies (OT, PT, speech), nutrition, social work, and coordination.</li> <li>• Day &amp; Community Programs: Pre-vocational training and volunteer opportunities.</li> <li>• Employment Services: Support in securing and maintaining competitive jobs.</li> <li>• Family &amp; Community Support: Social clubs, advocacy, caregiver/family programs, autism services.</li> <li>• Guardianship &amp; Legislative Advocacy</li> <li>• Recreation &amp; Social Activities</li> <li>• Residential Services</li> <li>• Community-based homes, family care, and supported apartments.</li> <li>• Transportation: Twice-daily rides to program or work.</li> </ul>
<p><b>Chelsea Place Psychological Services, PLLC</b></p> <p>6 Chelsea Place, Suite 202 Clifton Park, NY 12065</p> <p>(518) 982-1886</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Service children, adolescents and adults. Offer a range of consultation and evaluation services to meet the needs of clients. Services:</p> <ul style="list-style-type: none"> <li>• Developmental Assessments</li> <li>• Specialized Autism Spectrum Evaluations</li> <li>• Individual Counseling</li> <li>• Educational Consultants</li> <li>• Parent Training Groups</li> </ul>
<p><b>Freedom First Psychological Associates</b></p> <p>4 Avis Drive Suite 101 Latham, NY 12110 (518) 560-4277</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Outpatient mental health services for children from 15 months to 21 years</p> <p><b>General services:</b> diagnostic assessment, individual therapy, parent behavioral consultation, family therapy, and group therapy</p> <p><b>Specialty Services:</b> psychological testing psychoeducational testing, developmental assessments, specialize autism spectrum evaluations</p>

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## Individual, family and couples therapy

Some may include medication management

<b><u>Agency</u></b>	<b><u>Description</u></b>
<b>Northern Rivers Behavioral Health Center</b> 327 Abbotsford Road Schenectady, NY 12304 (518) 381-8911 Or 401 New Karner Rd, Colonie NY 12205 (518) 431-1650  <b>For additional information see <a href="#">website</a></b>	Hours: Monday–Friday, 8:00 a.m.–5:00 p.m. by appointment only. Provide services for all ages and accepts most health insurance – team of social workers, mental health counselors, registered nurses, nurse practitioners, and psychiatrists.  <i><b>Mohonasen partners with Northern Rivers operating three Behavioral Health Care Clinics within the district, providing support to students in grades K–12 and their families.</b></i>
<b>Charlie Health- Virtual Therapy</b>  Mental Health, Substance Abuse & Eating Disorders  Call: 1 (986) 206-0414 <b>For additional information see <a href="#">website</a></b>	Provides virtual outpatient treatment programs for teens and adults with mental health, substance abuse & eating disorders.  Charlie Health is in-network with most major insurance providers including commercial and Medicaid.
<b>Union Street Counseling Services</b> 1311 Union St. (518) 374-6263  <b>For additional information see <a href="#">website</a></b>	Service children/adolescents/adults. Accept health insurance and Managed Medicaid for children from 3 years to adult  General Services: individual and family therapy, and medication management
<b>Four Winds Psychiatric Hospital</b>  30 Crescent Avenue Saratoga Springs, New York 12866 Main Number: 1-518-584-3600 or 1-800-888-5448	In-patient and outpatient programs for children, adolescents and adults

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<p>Admissions: 1-800-959-1287  <b>For additional information see <a href="#">website</a></b></p>	
<p><b>Center for Solutions</b>  1758 Union St.  (518) 982-1274 x 305  <b>For additional information see <a href="#">website</a></b></p>	<p>Center for Solutions offers outpatient mental health treatment for adults, adolescents, children, and families. Insurance accepted.</p>
<p><b>Capital District Psychiatric Center Schenectady County</b>  738 State St.  (518) 374-0295  <b>For additional information see <a href="#">website</a></b></p>	<p>The Satellite Clinic serves adults and groups and primarily accepts Medicaid, managed Medicaid, Medicare, and uninsured clients.</p>
<p><b>Capital District Behavioral Health</b>  20 Century Hill Drive Suite 202  Latham, NY 12110  (518) 785-7283  Email: cdbh@therapyemail.com  <b>For additional information see <a href="#">website</a></b></p>	<p>Outpatient Mental Health Services for children from 15 months to adulthood  <b>General services include:</b> diagnostic assessment, individual therapy, parent consultation, family therapy, school consultation  <b>Specialty Services:</b> psychological testing and psychoeducational testing</p>
<p><b>Chelsea Place Psychological</b>  6 Chelsea Place Clifton Park, NY 12065 (518) 982-1886  <b>For additional information see <a href="#">website</a></b></p>	<p>Outpatient mental health services for children from 15 months to 21 years.  <b>General services:</b> diagnostic assessment, individual therapy, parent consultation, family therapy, school consultation  <b>Specialty services:</b> psychological testing, psychoeducational testing, developmental assessments, specialized autism spectrum evaluation</p>
<p><b>Freedom First Psychological Associates</b>  4 Avis Drive Suite 101 Latham, NY 12110  (518) 560-4277</p>	<p>Outpatient mental health services for children from 15 months to 21 years  <b>General services:</b> diagnostic assessment, individual therapy, parent behavioral consultation, family therapy, and group therapy</p>

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<p><b>For additional information see</b> <a href="#">website</a></p>	<p><b>Speciality Services:</b> psychological testing psychoeducational testing, developmental assessments, specialize autism spectrum evaluations</p>
<p><b>Karner Psychological Associates</b> 2280 Western Ave Guilderland, NY 12084 (518) 456-5056</p> <p><b>For additional information see</b> <a href="#">website</a></p>	<p>Outpatient mental health services for children from 15 months to adult</p> <p><b>General services:</b> diagnostic assessment, individual therapy, parent consultation, family therapy, group therapy (ages 14-19)</p>
<p><b>Hometown Health Centers</b></p> <p>1044 State St, Schenectady, NY 12307</p> <p>Phone: (518) 370-1441   Fax: (518) 395-9431</p> <p>Hours: Mon–Thu: 7am–6pm Tue: 7am–7pm Fri: 7am–5pm Sat: 9am–1pm Sun: Closed</p> <p><b>For additional information see</b> <a href="#">website</a></p>	<p>Hometown Health Centers (HHC) offers a comprehensive behavioral/mental health program providing on-site counseling and support services. The HHC team of specialists counsel and treat children, adults, and senior citizens.</p> <p><b>Services:</b></p> <p>The Hometown Behavioral/Mental Health Services Team offers counseling for many conditions, such as:</p> <ul style="list-style-type: none"> <li>• Depression</li> <li>• Anxiety</li> <li>• ADHD</li> <li>• Post-Traumatic Stress</li> <li>• Substance Abuse</li> <li>• School and Behavior Concerns</li> </ul>
<p><b>Northpointe Integrative</b> 20 Corporate Woods Blvd Suite 209 Albany, NY 12211 (518) 250-6193</p> <p><b>For additional information see</b> <a href="#">website</a></p>	<p>Outpatient mental health services for children from 3 years old to adult</p> <p><b>General services:</b> individual therapy, family therapy, parent consultation</p>

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<p><b><u>Pinnacle Behavioral Health</u></b>  1 Pinnacle Place  Albany, NY 12203 USA  (518) 689-0244  fax (518)-935-9933</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Outpatient mental health services for children, adolescents and adults  <b>General services:</b> individual therapy, group therapy, family therapy. Psychiatric services/medication management</p>
<p><b>Psychological Wellness Practice</b>  139 Vly Rd Albany, NY 12205  (518) 608-4271</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Outpatient mental health services for children from 3 years to adult  <b>General Services:</b> Diagnostic assessment, individual therapy, parent behavioral consultation, family therapy, school consultation, parent education groups, and religious informed therapy  <b>Specialty services:</b> psychological testing and psychoeducational testing</p>
<p><b>Upstate Counseling</b>  6 Automation Lane Albany, NY 12205  (518) 517-4535</p> <p><b>For additional information see <a href="#">website:</a></b></p>	<p>Outpatient mental health services for children from 5 years old to adult  <b>General Services:</b> Individual therapy, parent behavioral consultation, and family therapy</p>
<p><b>Catholic Charities</b>  1462 Erie Blvd., 2nd Fl., Schenectady, NY 12305  Phone: 518-372-5667</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Individual and family mental health counseling</p>
<p><b>Pinnacle Place Behavioral Health</b>  1 Pinnacle Place Albany, NY 12203  (518) 689-0244</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Treatment specialization includes: therapy for depression and anxiety, couples counseling, family counseling, parenting support, children and adolescents, play therapy, work and career issues, stress management, addiction and recovery, conflict resolution, and LGBTQ issues. They are also equipped to help with medication management</p>

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<b>Autism Society Greater Hudson Region, New York</b> 430 Franklin St, 2nd Floor Schenectady, NY 12305 518-355-2191  <b>For additional information see <a href="#">website</a></b>	The Autism Society Greater Hudson Region provides a variety of programs and services to support children and adults affected by Autism Spectrum Disorder, their families, and the professionals who serve them. <b>Services:</b> Referrals, educational workshops, support groups
<b>Samaritan Counseling Center</b> 220 North Ballston Ave. (518) 374-3514  <b>For additional information see <a href="#">website</a></b>	Offers counseling with couples, individuals, pre-marital, and families. There are also clergy and congregational services. *No medication management

## Grief Support

<b><u>Agency</u></b>	<b><u>Description</u></b>
<b>Community Hospice of Schenectady</b> 1411 Union St. (518) 377-8846  <b>For additional information see <a href="#">website</a>:</b>	Bereavement Counseling and group counseling
<b>Community Hospice/Wave Riders</b> 445 New Karner Rd. Albany, NY 12205 (518) 724-0200  <b>For additional information see <a href="#">website</a></b>	Counseling, support groups, camps and activities for all children and teens who have experienced loss and are grieving
<b>Compassionate Friends</b> Contact TCF's National Office at 877-969-0010 or <a href="mailto:nationaloffice@compassionatefriends.org">nationaloffice@compassionatefriends.org</a> if you need assistance in finding a local Chapter or you have any other questions.  <b>For additional information see <a href="#">website</a></b>	The Compassionate Friends has over 500 chapters nationwide where bereaved parents, siblings, and grandparents gather for emotional support after losing a child, grandchild, or sibling. Meetings are peer-led, not run by professionals, offering a space to share and heal together.

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## Gender & Sexuality

<u>Agency</u>	<u>Description</u>
<p><b>Choices Counseling and Consulting</b>            10 Colvin Ave Suite 102 Albany, NY 12206            (518) 438-2222</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Specialize in issues related to sexual orientation, sexuality, and gender identity and expression. Clinicians work with transgender people, including non-binary, gender expansive children and youth, and those who are genderqueer identified</p>
<p><b>In Our Own Voices, Inc.</b>            245 Lark Street, Albany, NY 12210  <b>Hours:</b> Mon- Fri 9am - 5pm  <b>Contact:</b> Ashton Wei - LGBT Health Services Specialist            518-432-4188 ext.112  <a href="mailto:awei@inourownvoices.org">awei@inourownvoices.org</a></p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Provide physical, mental, spiritual, political, cultural, and economic survival and growth of the Lesbian, Gay, Bisexual, and Transgender people of color communities. Services include advocacy, counseling and emotional support, emergency assistance (Food Pantry, Emergency Financial Assistance, Support Groups, Referrals</p>
<p><b>Pride Center of the Capital Region</b>            332 Hudson Ave, Albany, NY 12210            518-462-6138</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>LGBTQ+-affirming care for individuals, families, and allies aged 13+ offers comprehensive and inclusive support tailored to the diverse needs of the LGBTQ+ community. Services address sexual orientation, gender identity and expression, coming out, relationship and couple issues, family and parenting dynamics, healing from trauma and abuse, managing depression and anxiety, overcoming addictions, and living with HIV or other chronic illnesses. Flexible scheduling, including weeknights and weekends, and free counseling services</p>

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## Child and Family Support Services

### Child Abuse

**If you suspect a child is in immediate danger, call 911.**

If you suspect that a child is being abused call 1 (800) 342-3720 to make a report to the Statewide Central Registry (SCR) for Child Abuse, and/or make a report to police in the county at (518) 630-0911.

<b><u>Agency</u></b>	<b><u>Description</u></b>
<b>Northern Rivers</b> Sexual Abuse Treatment Program (SATP) 530 Franklin St, Schenectady, NY 12305 518-393-2194 <b>Hours:</b> Monday through Friday from 8:30 a.m. to 5:00 p.m.  <b>For additional information see <a href="#">website</a></b>	Program for child victims and nonoffending family members dealing with the effects of sexual abuse. Child residents of Schenectady County ages 3–17 who have disclosed sexual abuse or where there is evidence of trauma usually expressed in symptomology or behaviors. The family must be involved with the Schenectady County Department of Social Services in order to be eligible for services. <b>Services:</b> Evaluations, Consultations, Family Court Advocacy, Therapy, and Trauma-informed Care
<b>Equinox Youth</b> Admissions (518) 435-9931  Youth Residential Program Transitional Living Program (518) 689-2129  <b>For additional information see <a href="#">website</a></b>	Equinox Youth Services are available to teens and young adults ages 16-24. Equinox offers a full range of positive youth development services and programs, including the Capital Region sole provider of transitional housing for runaway and homeless youth. Our Services provide youth with the support, guidance, and skills to become self-sufficient adults with the confidence to build a positive future. <ul style="list-style-type: none"> <li>• <a href="#">Transitional Living Program</a></li> <li>• <a href="#">Youth Supportive Services</a></li> </ul>
<b>Safe Inc. of Schenectady</b> Project Safe 1344 Albany St Schenectady NY 12304 518-374-0166:	Project Safe is a non-residential and intensive case management program designed to serve individuals between the ages of 12 and 35 who are runaway, homeless, have been sexually exploited or are at risk of exploitation. The program is tailored to meet ALL the needs of each

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<p><b>For additional information see</b> <a href="#">website</a></p>	<p>individual through a network of services and referrals. <b>Services:</b> Case Management</p>
<p><b>Schenectady County Child Advocacy Center</b> 388 Broadway, Schenectady, NY 12305 518-388-4615</p> <p><b>For additional information see</b> <a href="#">website</a></p>	<p>The center provides a one-stop facility where children who are victims of sexual abuse and neglect can receive specialized services and where law enforcement officials can interview them for legal information. The Center has interview rooms, a reception room, examination rooms, and offices for law enforcement agencies and victim advocates to use for families and child victims. <b>Services:</b> Medical/Forensic Examination, Law Enforcement Interviews, Legal Advocacy, Trauma-informed Care</p>
<p><b>St. Anne Institute</b> 160 North Main Ave, Albany, NY 12206 518-437-6555</p> <p><b>For additional information see</b> <a href="#">website</a></p>	<p>St. Anne Institute serves youth who require the highest level of care, prior to hospitalization, due to trauma, including high levels of domestic violence, self-harming behaviors, suicidal thoughts and attempts, several foster care placements, and histories of substance abuse. <b>Services:</b> Residential Program, Youth Shelter, sexual abuse prevention program, treatment for juveniles who engage in problematic sexual behavior, substance abuse prevention, education, mental health treatment, and trauma-informed care</p>
<p><b>Berkshire Farm Center &amp; Services for Youth Albany Office</b> 427 New Karner Rd. Albany, NY 12205 Tel 518-456-1969 Fax 518-393-2027 <b>Contact:</b> Lindsay Adomaitis - Prevention Program Coordinator <a href="mailto:ladomaitis@berkshirefarm.org">ladomaitis@berkshirefarm.org</a></p>	<p>With programs and services across New York State, Berkshire provides trauma-informed care where children and their families need us the most; in their homes and communities. When working with families in their homes is not an option, Berkshire provides a safe haven for children in need of care through one of our over 550 certified foster homes, community group homes, and non-secure and secure</p>

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518-918-4466  <b>For additional information see</b> <a href="#">website</a>	detention centers. <b>Services:</b> Offers a variety of programs that work with children and families to overcome their past traumas so they can live safely and take control of their lives
<b>CAPTAIN Safe Harbour</b> Schenectady: 518-888-2463  <b>For additional information see</b> <a href="#">website</a>	The Safe Harbour program offers case management and an enhanced array of services to youth who have been trafficked, sexually exploited, or at risk of victimization. Working with the Street Outreach team, case managers assist with critical emergency and long-term services, stable housing, advocacy, and other support that can help them heal.
<b>Things of My Very Own</b> 249 Green St, Schenectady, NY, 12305 518-630-5143 <b>Non-Emergency Drop-in Hours:</b> Monday, Wednesday, Friday, and Saturday from 9:00 AM – 12:00 PM  <b>For additional information see</b> <a href="#">website</a>  <i>**All services require a referral from approved providers</i>	The program and services aim to give children items for sustainability, a healthy self-concept, and a foundation to start healing. Things of My Very Own, Inc. provides crisis intervention services to children who have been impacted by extensive abuse and/or neglect. They also provide services to children at-risk of a Child Protective Services intervention due solely to not having basic items needed for sustainability. The organization works to keep children with their non-abusive family members and out of the foster care system whenever possible. <b>Services:</b> Crisis Intervention, Transitional Assistance, Education Program, Life Skills Development Program

### Sexual Assault and Domestic Violence

<u>Agency</u>	<u>Description</u>
<b>Crisis Hotlines</b>	<b>National Domestic Violence Hotline:</b> 1-800-799-7233 <a href="https://www.thehotline.org/">https://www.thehotline.org/</a>  <b>24-hour Domestic Violence Hotline: (518)</b> 374-3386 <a href="https://www.ywca-neny.org/dv/">https://www.ywca-neny.org/dv/</a>

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<p><b>RAINN- National Sexual Assault Hotline</b>  <b>Confidential 24/7 Support</b></p> <p>For additional information see <a href="https://www.rainn.org">website</a></p>	<p>RAINN (Rape, Abuse &amp; Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, <a href="https://www.rainn.org">online.rainn.org</a> y <a href="https://www.rainn.org/es">rainn.org/es</a>) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.</p>
<p><b>Planned Parent Sexual Assault Survivor Crisis Support</b>  1040 State Street  Schenectady, NY 12307</p> <p>We are currently offering our survivor support services in-person or virtually and advocates are always available through our <b>24-hour hotline</b>.</p> <p><b>Call 1-866-307-4086</b></p> <p>Administrative Offices: 1-212-274-7200</p> <p>For additional information see <a href="https://www.plannedparent.org">website</a></p>	<p><b>Support Services Include:</b></p> <ul style="list-style-type: none"> <li>• Crisis intervention</li> <li>• Legal rights and protections for victims</li> <li>• Assistance with the criminal justice process</li> <li>• Emotional support</li> <li>• Safety planning</li> <li>• Victim impact statement preparation (for courts/parole boards)</li> <li>• Advocacy with creditors, landlords, and employers</li> <li>• Help securing shelter and transportation</li> <li>• Referrals to additional support services</li> <li>• Compensation application assistance</li> <li>• Sexual assault prevention information</li> <li>• Support groups</li> <li>• Prevention education and professional training</li> </ul>
<p><b>YWCA NorthEastern NY</b>  44 Washington Ave, Schenectady, NY 12305</p>	<p>YWCA NENY's domestic violence program offers safe shelter, counseling, advocacy, groups, case management, children's</p>

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518-374-3394 <b>24-Hr Domestic Violence Hotline:</b> 518-374-3386  <b>For additional information see</b> <a href="#">website</a>	services, and post-shelter services to victims of domestic violence.
<b>Equinox Inc.</b> <b>Domestic Violence Services</b> 526 Central Ave, Albany, NY 12206 518-434-6135 <b>Walk-in Hours:</b> Mon-Fri 8 AM- 5 PM <b>24-Hr Domestic Violence Hotline</b> 518-432-7865  <b>For additional information see</b> <a href="#">website</a>	Equinox is Albany County's primary provider of services for victims of domestic violence, providing safety and offering the support, assistance and tools they need to escape abusive situations and take control of their lives. All Domestic Violence services are confidential and free of charge <b>Services:</b> Outreach, Legal/Family Court Advocacy, Shelter, Housing, Trauma-informed Counseling
<b>St. Peter's Crime Victim Services</b> 2215 Burdett Ave, Troy, NY 12180 518-271-3410  <b>24 Hour Crisis Hotline:</b> 518-271-3257  <b>Contact:</b> Elizabeth Karam - Outreach Coordinator elizabeth.karam@sphp.com 518-912-4093  <b>For additional information see</b> <a href="#">website</a>	St. Peter's Crime Victim Services provides free and confidential services to primary and secondary survivors of trauma across New York's Capital Region, including but not limited to therapy, short-term counseling, support groups, legal and medical advocacy, forensic nurse examiner program, community and professional education, and crime victims' compensation assistance. Adolescent survivors (12+) can consent to their own services with a therapist, advocate, or forensic examiner (with the exception of safety concerns where a parent/guardian would need to be contacted). Ages 0-21  Services: Parent support, therapy, support groups, legal and medical advocacy, education

## Parenting Support Services

This resources are mostly in home services

<u>Agency</u>	<u>Description</u>
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<p><b>HBCI Northern Rivers</b>  (518) 292-5433  melissa.brennan@northernrivers.org</p> <p>60 Academy Road Albany, NY 12208</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>This service lasts 4-6 weeks within the home intensive family work to bring stability in the home environment. This is focused around keeping kids out of the hospital, providing psychoeducation and parenting skills, and enhancing communication between family members. This is only provided for individuals between 5-21 years of age and who are dependent on their caregiver. No diagnosis is needed and they do not bill insurance. This is a free service to families. They visit the family twice a week and all family members have 24 hour access to their clinician to problem solve issues in the moment of the issue.</p>
<p><b>Healthy Families</b>  (518) 386-2815  620 State Street,  Schenectady, NY 12305</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The Healthy Schenectady Families Program offers home visits for pregnant women and families with newborn infants in Schenectady County for FREE. Trained Family Support Specialists provide information and activities to enhance parent-child interactions, family self-sufficiency, and promote the positive health, growth, and development of the entire family.</p>
<p><b>School age/early childhood FACE Centers (Family and Community Engagement)</b>  <a href="mailto:sgaylord@wildwoodprograms.org">sgaylord@wildwoodprograms.org</a>  (518) 640-3333</p>	<p>The school-aged and early childhood family and community engagement (FACE) Centers help families of children with disabilities to get involved in their child's education. They also build community relationships for families and provide information and training about services options for children from birth to age 21</p>
<p><b>Parent to Parent of NYS</b>  500 Balltown Rd. Schenectady, NY 12304  (518) 381-4350</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>A not-for-profit organization to connect families of individuals with special needs, providing resources and fostering meaningful connections. The organization offers support by facilitating one-to-one connections between parents and caregivers of individuals with similar</p>

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	<p>disabilities or special health care needs. In addition, the organization provides information and referral services, assisting families and professionals in locating the essential resources and services they require. Training workshops are available on a range of topics.</p>
<p><b>Healthy Schenectady Families</b>          Schaffer Heights          107 Nott Terrace Ste 306          Schenectady, NY 12308          518-386-2815  <b>Contact:</b> Melody J. Hanchett - Supervisor          Health Educator II          518-386-2824 ext. 1232  <a href="mailto:melody.hanchett@schenectadycountyny.gov">melody.hanchett@schenectadycountyny.gov</a>  <b>For additional information see <a href="#">website</a></b></p>	<p>We are an in-home visiting program that partners with parents to learn about developmental milestones through the Growing Great Kids Curriculum, while also providing referrals to community resources. We enroll families prenatally up to three months of age. Once enrolled we work with the family until the child turns five and/or goes to school.  <b>Services:</b> Prenatal health care, referrals</p>
<p><b>AIM</b>          (518) 587-3208          4227 Route 50, Saratoga Springs, NY 12866  <b>For additional information see <a href="#">website</a></b></p>	<p>Provide in-home and community support to individuals who have a developmental disability. You are able to hire a family member or friend or you can be connected to an employee through AIM</p>
<p><b>VA One Source - Military Members, Spouses and Families</b>          1- (800)-342-9647            En español llame al:          800-342-9647          TTY/TDD          Dial 711 and give the toll-free number 800-342-9647.            Calling out of the country?          Find <a href="#">calling instructions for your specific international location</a>.            Calling from your computer?          If you have a <a href="#">Voice over Internet Protocol</a> account, you can use it to call a Military OneSource consultant.</p>	<p>A free service that provides information, resources, and support to military members, their families, and survivors. It's available 24/7 by phone, online, and live chat</p>

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<p>Consultants are conveniently available 24/7/365 from your computer, smartphone or tablet.</p> <p><b>For additional information see <a href="#">website</a></b></p>	
<p><b>RISE Housing and Support Systems Child and Youth Care Management Care Management</b> 518-583-3640 <a href="mailto:cminfo@riseservices.org">cminfo@riseservices.org</a> Morgan Murdza - Youth Care Management Supervisor <a href="mailto:mmurdza@riseservices.org">mmurdza@riseservices.org</a> 518-587-6193 x2222 <b>CHHUNY</b> 855-209-1142</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>RISE Youth Care Management operates underneath the guidance of CHHUNY and DOH. Youth care managers are the bridge between clients and mental health services, as well as providing additional advocacy necessary for the client's care. Services are provided in the following counties: Fulton, Hamilton, Montgomery, Saratoga, Schenectady, Warren, and Washington. Ages 5-12. See website for more eligibility requirements.</p> <p><b>Services:</b> Housing, case management, trauma informed care, 24 hour emergency on-call, service coordination, community outreach</p>
<p><b>Alpha Pregnancy Center</b> 518 Clinton Ave, Albany, NY 12206 518-462-2188 <b>Hours:</b> Mon-Fri 9am-4pm</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Alpha Pregnancy Care Center is a welcoming refuge providing solutions, support, education, and hope to women facing a wide range of pregnancy and family decisions.</p> <p><b>Services:</b> Childbirth and parenting classes, pregnancy tests, support groups</p>
<p><b>Birthright of Schenectady</b> 12 Jay St, Schenectady, NY 12305 518-370-1532 <b>Hours:</b> Mon-Fri 10am-1pm</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Provides information about pregnancy, childbirth, adoption, prenatal care, community programs, parenting skills, and childcare. Provides referrals to medical support, social assistance, and professional counseling. Provides pregnancy tests and maternity and baby items</p>
<p><b>Mom's Program- St. Peter's</b></p>	<p>Any woman who is pregnant regardless of age, insurance or immigration status can participate, and there is no cost for</p>

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<p>Call 270-3035 to set up an appointment.</p> <p>If you already have other children, they are welcome to come with you to your appointment.</p> <p>Samaritan OB/GYN, 2231 Burdett Ave. Suite 220, Troy.</p> <p>Help with transportation can be provided.</p> <p><b>For additional information see <a href="#">website/flier</a></b></p>	<p>MOMS services.</p> <p><b>Services Provided at the Program</b></p> <ul style="list-style-type: none"> <li>• Completion of Medicaid applications</li> <li>• Help with setting up prenatal care with your OB</li> <li>• Pregnancy education</li> <li>• Nutrition counseling</li> <li>• One-on-one childbirth education</li> <li>• One-on-one breastfeeding education</li> <li>• Family planning education</li> <li>• Parenting and infant care education</li> <li>• Referrals to primary care and pediatric services</li> <li>• Counseling and referrals to community programs</li> <li>• Help obtaining baby supplies</li> <li>• Assistance with transportation to medical and MOMS appointments</li> </ul>
<p><b>Family Life Center</b></p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The Family Life Center (FLC) provides emergency, short-term, and long-term shelter to homeless women and children. We equip women with the skills and resources they will need to make the journey from poverty to a life of sustainability.</p>

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## **Clothing/Furniture**

<b><u>Agency</u></b>	<b><u>Description</u></b>
<b>Mohonasen School District Anchor Rooms</b>  <b>Please reach out to your child's school counselor/social worker to connect you with resources</b>  2072 Curry Rd, Schenectady, NY 12303 518-356-8300	Free clothing, toiletries and school supplies and clothing available for Mohonasen students.
<b>City Mission of Schenectady Main Office</b> 425 Hamilton St, Schenectady, NY 12305 518-346-2275 <b>Hours:</b> Open 24 hours <b>Thrift Store</b> 416 Saratoga Rd, Glenville, NY 12302 518-346-2275 ext. 391 <b>Hours:</b> Mon - Sat 10am-5pm  <b>For additional information see <a href="#">website</a></b>	City Mission offers clothing, free of charge, for men, women and children. They also partner with local agencies to help their clients with free clothing through a referral voucher system.
<b>Grassroot Givers</b> 522 Washington Ave, Albany, NY 12203 518-599-5157 <b>Hours:</b> Mon-Thur 9am to 2pm  <b>For additional information see <a href="#">website</a></b>	Provides like-new clothing to over 600 people per month, including clothing for children and casual and career attire for adults. Also provides home essentials: pots, pans, dishes, glassware, utensils, linens, blankets, comforters, towels, and small appliances.
<b>The Quest for Grace Foundation</b> 802 Union St. Schenectady, NY 12308 518-301-5662  <b>For additional information see <a href="#">website</a></b>	Provides clothing, and other items to foster children in the Capital Region. The Foundation operates solely on donations and good will. Every item is free and nothing is sold.
<b>Raindrops Closet for Homeless (Emmanuel Friedens Church)</b> 218 Nott Terrace, Schenectady, NY 12307	Provides clothing, household goods, and hygiene products – you do not need a community or agency referral – the support is limitless for families facing

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(518) 417-9284	insecure housing (Tues - 10 AM - 2 PM)
<p><b>Bethesda House</b>  834 State St, Schenectady, NY 12307  518-374-7873  <b>Hours:</b> Mon-Fri 9am-4:30pm</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Bethesda House is an interfaith ministry to the homeless, disabled and economically disadvantaged citizens of Schenectady County, building a just, hospitable and inclusive community one person at a time by affirming the dignity and addressing the needs of each guest entering this "House of Mercy".</p> <p><b>Services:</b> Case management, social work, medical care, housing, day program, emergency food services, education, and support group</p>
<p><b>Captain's Treasures</b>  518-383-1788  1705 Route 9 Clifton Park, NY 12065</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Affordable clothes and shoes that are next to new. They also sell furniture and home necessities.</p>

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## Employment Services

<u>Agency</u>	<u>Description</u>
<p><b>Schenectady County Connects</b>  <b>Contact:</b> Bailey Gardiner, Senior Workforce Investment &amp; Youth Coordinator  518-344-2737  SchenectadySJTA@dfa.state.ny.us</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Schenectady County Connects is the workforce entity that encompasses Schenectady County Job Training Agency (SJTA) and the New York State Department of Labor One-Stop Career Center/American Job Center which provide universal access to the community to promote self-sustainability and economic growth through a skilled, quality workforce. Middle School/High School age - 21.</p> <p><b>Services:</b> interview prepping, resume writing, referrals, trainings, career counseling/coaching</p> <p><b><i>Schenectady Connects is also located on site at Mohonasen High School on specific days during the school day. Please see your child's counselor for additional information.</i></b></p>

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<p><b>Personalized Recovery Oriented Services (PROS)</b>  (518) 831-6960  502 State St, Schenectady, NY 12305</p> <p>For additional information see <a href="#">website</a></p>	<p>Personalized Recovery Oriented Services (PROS) is a comprehensive, team-based mental health program. It integrates rehabilitation, treatment, and support services for adults with mental illness. Individuals work toward goals in different areas, for example:</p> <ul style="list-style-type: none"> <li>• Living independently</li> <li>• Building natural supports and meaningful relationships</li> <li>• Finding and keeping a job</li> <li>• Reaching higher levels of education</li> <li>• Securing preferred housing</li> <li>• Improving whole health and wellness</li> </ul>
<p><b>Northeast Career Planning at Unity House</b>  William Besterman (518) 465-5205 x240</p> <p>For additional information see <a href="#">website</a></p>	<p>Focus: empowering individuals with disabilities to break through barriers to employment.</p> <p>Provides support for education, job training, and advocacy for individuals with disabilities 17-25 years of age.</p>
<p><b>Educational Opportunity Center (EOC)</b>  (518) 273-1900</p> <p><b>Capital District Educational Opportunity Center</b>  431 River Street, Troy, NY 12180</p> <p><b>Capital District Educational Opportunity Center at HVCC South Capital South Campus Center</b>  20 Warren Street, Albany, NY 12202</p> <p>For additional information see <a href="#">website</a></p>	<p>The Capital District Educational Opportunity Center (EOC), a division of Hudson Valley Community College and part of the State University of New York, has offered tuition-free academic and workforce development opportunities to disadvantaged and educationally under-prepared individuals. As a result, thousands of Capital Region residents have gained self-confidence in their own potential, realized career goals, and obtained self-sufficiency and economic independence.</p>

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## Family and Youth Recreation

Agency	Description
<p><b>Boys &amp; Girls Club</b>  <b>Adeline Wright Graham Clubhouse</b>            104 Education Dr, Schenectady, NY            12303            518-709-1875</p> <p><b>Hours:</b> Mon- Fri            2:40 pm - 6:30 pm (All members)            2:45pm - 8:00pm (Teens)            9:00am - 5:00pm (No School Days)</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The Boys &amp; Girls Club offers a range of programs in five core areas: Education and Career Development, Character &amp; Leadership Development, Health &amp; Life Skills, The Arts &amp; Sports, Fitness &amp; Recreation.</p> <p><i>*\$10.00 membership fee for the entire school year</i></p>
<p><b>Capital District YMCA</b>  <b>Schenectady Location</b>            433 State Street, Schenectady NY, 12305            518-881-0117</p> <p><b>For additional information see <a href="#">website</a>:</b></p> <p><b>Hours:</b>            Mon - Thu: 5:30am - 9pm            Fri: 5:30am - 7pm            Sat: 7am - 3pm            Sun: 7:30am - 1pm</p> <p><b>Contact:</b> Colleen Munger - Early Childcare Coordinator            518-374-4914  <a href="mailto:cmunger@cdymca.org">cmunger@cdymca.org</a></p>	<p>Offers summer camp (day and overnight) and a variety of recreational programs for youth.</p>

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<p><b>CREATE Community Studio</b> 140 Erie Blvd, Schenectady, NY 12305 518-348-9290</p> <p><b>Hours:</b> Mon-Fri 10am - 3pm <b>Contact:</b> Heather Hutchison, Executive Director 518-729-7153 Email: heather@createcommunitystudios.org</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Nonprofit expressive arts studio focused on making art accessible to all, including those with mental health challenges, special needs and historically marginalized community members.</p> <p><b>Services:</b> low-cost art workshops and groups, community wellness activities, and open studios</p>
<p><b>Girl Scouts of Northeastern New York</b> Bailey Murphy - Membership Specialist Email: membership@girlscoutsneny.org 518-489-8110 ext. 136</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Girl Scouts of all backgrounds and abilities can be unapologetically themselves as they discover their strengths and rise to meet new challenges—whether they want to climb to the top of a tree or the top of their class, lace up their boots for a hike or advocate for climate justice, or make their first best friends. Backed by trusted adult volunteers, mentors, and millions of alums, Girl Scouts lead the way as they find their voices and make changes that affect the issues most important to them.</p>
<p><b>The Connect Center</b> Jah-Ni Blanton, Program Manager programs@connectcenterforyouth.org</p> <p>49 Johnston Ave Cohoes, NY 12047 518-687-1999</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The Connect Center is a community-based organization that focuses on providing 6th-12th grade students in the Capital Region with STEAM programming to promote skill building and connect their interests with career paths. The Connect Center creates a safe space after school for youth to explore their passions, talents and new opportunities.</p> <p>Middle - High School age</p>

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<p><b>Rotterdam Community Center</b>  705 Curry Rd, Schenectady, NY 12306  518-364-3216  <b>Hours:</b>  Mon- Fri 9am - 8pm  Sat 9am - 9pm  Sun 9am - 8pm</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>RCC hosts a wide variety of regular weekly offerings including Community Crafters, Recovery and Support Groups, Zumba, and Yoga, and monthly events such as monthly free Movie Nights and Community Game Nights. The RCC also houses our Bread of Life Food Pantry and Produce Pantry Programs. We also host monthly community concerts and other one-time arts and culture events. They provide an open and welcoming environment for gender and sexuality support and they have a wide range of cultural and community programs.</p>
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## **Food Assistance**

Visit <https://map.thefoodpantries.org> to view an interactive map of local food pantries currently in service.

<u><b>Agency</b></u>	<u><b>Description</b></u>
<b>Find a list of food pantries in your area</b> <a href="https://map.thefoodpantries.org/">https://map.thefoodpantries.org/</a>	Type in your zip code to locate food pantries in your location.
<b>City Mission of Schenectady Dining Center</b> 512 Smith St, Schenectady, NY 12305 518-346-2275 ext. 334  <b>For additional information see <a href="#">website</a></b>	Community meals are served Monday - Saturday from 5PM-6PM. Bagged lunches are available 24/7 at the Welcome Center (427 Hamilton Street Schenectady NY 12305)
<b>Women, Infant, and Children (WIC)</b> (518) 346-8818 650 Franklin St # 200, Schenectady, NY 12307  <b>For additional information see <a href="#">website</a></b>	The WIC program aims to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.
<b>The Daily Bread Food Pantry at St. Luke's</b> 1241 State St, Schenectady, NY 12304 518) 347-1385  <b>For additional information see <a href="#">website</a></b>	The Daily Bread Food Pantry is the second-largest food pantry in Schenectady County. Annually the pantry provides over 100,000 parcels of food to our most vulnerable neighbors. All in need are served. <b>Hours:</b> Tuesday through Thursday, and Saturday, 10:00 am-2:00 pm: Please call before 10 am, no walk-ins.

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<p><b>The Bridge Christian Church</b> 7735 Crane Street <b>Hours:</b> 3rd Tuesday or emergency by appt. Call 518-864-5849 or 518-878-0632</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The Bridge Food Pantry is open at 4pm every 3rd Wednesday of the month for those in our community who are in need of food and other services.</p>
<p><b>Bethesda House</b> (518) 374-7873 834 State Street Schenectady, NY 12307</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Services include case management, education support, medical care, housing, and emergency food services. The pantry is open the 2nd and 3rd Tuesday of each month. The pantry is open from 9am-11am. You are required to bring your own bag</p>
<p><b>The Gathered Remnant Ministry</b> 1374-1376 10th Avenue Schenectady, NY 12303 (518) 374-3487</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The Gathered Remnant Ministries has a food pantry that services the entire Capitol Region. We do not stop those in need based on geographic locations. We also have clothing for free. Food &amp; Clothing pantry available the 3rd Tuesday and 4th Thursday of the month from 1:00pm to 6:00pm. Hot meal available 3rd &amp; 4th Saturday of the month, 12:30pm - 3pm.</p>
<p><b>Lighthouse Food Pantry</b> (518) 355-2277 2739 Hamburg Street Schenectady, NY - 12303</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Food pantry service hours: Wednesday - Friday: 3pm -5pm (By appointment only).</p>
<p><b>Salvation Army Food Pantry</b> (518) 346-0222 222 Lafayette St. Schenectady, NY 12305</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Appointment only Wednesday through Friday 9:00 AM - 11:30 AM</p>
<p><b>Scotia Glenville Food Pantry</b> 132 Mohawk Ave Scotia, NY 12302 (518) 588-8214</p>	<p>Tuesday 5:30 PM to 7:00 PM and Friday 9:30 AM to 11:00 AM</p>

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<p>For additional information see <a href="#">website</a></p>	
<p><b>SICM Emergency Food Pantry</b>  (518) 374-2683  839 Albany St. Schenectady, NY 12307</p> <p>For additional information see <a href="#">website</a></p>	<p>Open year round on Mondays, Wednesdays, and Fridays from 9am to 11:30am, our food pantry is the largest source of free, healthy food in Schenectady county. We provide shelf-stable pantry necessities, fresh produce, and limited baby and personal care items.</p>
<p><b>State Street Presbyterian</b>  (518) 374-2684  5 Catherine Street  Schenectady, NY - 12307</p> <p>For additional information see <a href="#">website</a></p>	<p>Hours of operation:  Between 10:30 PM and 12:30 PM on Monday to Wednesday Photo ID is required for each family member aged 18 and above.  For under 18, other forms of ID are accepted.</p>

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## Health

### Dental

\* It should be noted that Ellis Hospital no longer sees oral or dental patients

<u>Agency</u>	<u>Description</u>
<b>Hometown Health Center</b> (518) 370-1441 1044 State Street, Schenectady, NY 12307  <b>For additional information see <a href="#">website</a></b>	Hometown Health Center provides care for dental, medication, vision, and school based health. They take most insurances. They also provide oral surgeries.  <b>OPEN HOURS:</b> Monday: 7:00am - 6:00pm Tuesday: 7:00am - 7:00pm Wednesday: 7:00am - 6:00pm Thursday 7:00am - 6:00pm Friday: 7:00am - 5:00pm Saturday: 9:00am - 1:00pm Sunday: CLOSED

### Eye Care/Optomerty

<u>Agency</u>	<u>Description</u>
<b>Hometown Health Center</b> (518) 370-1441 1044 State Street, Schenectady, NY 12307  <b>For additional information see <a href="#">website</a></b>	Hometown Health Center provides care for dental, medication, vision, and school based health. They take most insurances. <b>OPEN HOURS:</b> Monday: 7:00am - 6:00pm Tuesday: 7:00am - 7:00pm Wednesday: 7:00am - 6:00pm Thursday 7:00am - 6:00pm Friday: 7:00am - 5:00pm Saturday: 9:00am - 1:00pm Sunday: CLOSED

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## Advocacy and Management

<b><u>Agency</u></b>	<b><u>Description</u></b>
<p><b>Children's Health Home of Upstate NY (CHHUNY)</b>  <b>Contact:</b> Michelle Varvaro - Community &amp; Provider Relations Specialist  845-709-0047  mvarvaro@childrenshealthhome.org</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>CHHUNY provides FREE, community-based services that help families navigate systems of care, follow through preventive care, connect with services and community resources, and ensure communication with all providers involved with the child or young adult. Children's Care Management is available for qualifying Medicaid recipients ages 0-21. For a presentation on services, eligibility and how to refer, contact Michelle Varvaro. Works with all capital regions counties.</p> <p><b>Services:</b> Case management, health services coordination, referrals</p>
<p><b>Cayuga Centers</b>  5 Computer Dr W Suites 200 &amp; 203, Albany, NY 12205  <b>Hours:</b> Mon-Fri 9am-5pm  <b>Contact:</b> Jennifer Muzio - Assistant Director of Care Management Services  315-409-3762  <a href="mailto:jennifer.muzio@cayugacenters.org">jennifer.muzio@cayugacenters.org</a></p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Cayuga Centers Children's Health Home Care Management program helps families navigate and coordinate health-related services.</p> <p><b>Services:</b> Offers support to our families at no cost to Medicaid-eligible children and adolescents from birth until age 21. The Care Management program collaborates and works with a care team to ensure all medical, mental health, and social support needs are met.</p>
<p><b>Healthy Alliance</b>  430 Franklin St, 2nd Floor  Schenectady, NY 12305  518-701-2200  <b>Contact:</b> Anne Hango Costa - Director of Performance  518-441-8142  <a href="mailto:anne.hangocosta@healthyalliance.us">anne.hangocosta@healthyalliance.us</a></p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Improving health and empowering the underserved. With human services, behavioral, and clinical providers work together to address community members' health-related social needs, like food insecurity or lack of warm clothing, before they turn into costly medical problems</p> <p><b>Services:</b> Networking, referrals, case management</p>
<p><b>Healthy Capital District</b>  175 Central Ave, Albany, NY 12206</p>	<p>Healthy Capital District staff work directly with individuals to complete applications</p>

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518-462-7040 <b>Hours:</b> Mon-Fri 8am-4:30pm <b>Contact:</b> Allison Wagoner - Director of Enrollment Services awagoner@hcdiny.org  <b>For additional information see <a href="#">website</a></b>	through the NY State of Health Marketplace and apply for Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans. Our community health advocates can also help with all obstacles to getting care. Ages 0-21 and parent support <b>Services:</b> Health Care Assistance & Insurance
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### Pediatrics Primary Care Providers

<u>Agency</u>	<u>Description</u>
<b>Hometown Health Center</b> (518) 370-1441 1044 State Street, Schenectady, NY 12307  <b>For additional information see <a href="#">website</a></b>	Hometown Health Center provides care for dental, medication, vision, and school based health. They take most insurances.  OPEN HOURS: Monday: 7:00am - 6:00pm Tuesday: 7:00am - 7:00pm Wednesday: 7:00am - 6:00pm Thursday 7:00am - 6:00pm Friday: 7:00am - 5:00pm Saturday: 9:00am - 1:00pm Sunday: CLOSED
<b>Park Place Pediatrics</b> (518) 374-3511 701 Union Street Schenectady, NY 12305  <b>For additional information see <a href="#">website</a></b>	This private practice treats patients birth to 21 years of age. Take most insurances.
<b>Capital Care Pediatrics Schenectady</b> 518-372-5637 700 McClellan Street Schenectady, NY 12304  <b>For additional information see <a href="#">website</a></b>	Children to teen age individuals and have providers fluent in Chinese, Tagalog, and English

### HIV & AIDS Support and Education

<u>Agency</u>	<u>Description</u>
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<p><b>Albany Med Specialized Care Center for Adolescents and Young Adults</b>  <b>Contact:</b> Lauren Quinn - Case Manager  QuinnL4@amc.edu  518-262-221</p> <p><b>For additional information see <a href="#">website</a>:</b></p>	<p>The Specialized Care Center for Adolescents &amp; Young Adults serves patients providing HIV/STI testing, treatment, and prevention services.  <b>Services:</b> Provides sexual health education to adolescents and young adults and people who work with that age group. Our team consists of providers, nurses, a case manager, and a social worker. Our staff are youth friendly and work with patients on issues related to privacy, insurance, and referral to services for other unmet needs. We offer call ahead appointments, usually on the same or next day for HIV/STI testing and PrEP consults.  Serves Middle and High School Age, Young Adults up to 21 years</p>
<p><b>Albany Damien Center</b>  728 Madison Ave, #100  Albany, NY 12208  518-449-7119  <b>Hours:</b> Mon-Fri 8am-6:30pm &amp; Sat 24 hrs  <b>Contact:</b> Perry Junjulas - Executive Director  perryj@albanydamiencenter.org  518-961-0071</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Offers family support services for a family member or family members who have been affected by HIV and AIDS. The Albany Damien Center staff provide counseling, support, and referrals to help families meet their daily and long-term needs.  <b>Services:</b> Future care planning, family communication, assistance from Legal Aid Society and Albany Law School if needed.  Ages 0-21 and Parent and Guardian Support</p>
<p><b>Alliance for Positive Health</b>  927 Broadway, Albany, NY 12207  518-434-4686  <b>Hours:</b> Mon-Fri 9am-5pm</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Organization dedicated to providing accurate, non-judgmental health education, rapid testing, early and sustained treatment, and supportive care to ensure that people have stable, healthy living conditions.  <b>Services:</b> HIV, STI, and hepatitis C testing, care coordination, Substance use and addiction prevention</p>

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# Housing

## Youth Runaway Shelters

<u>Agency</u>	<u>Description</u>
<b>YWCA</b> 44 Washington Ave. (518) 374-3394  <b>For additional information see <a href="#">website</a></b>	Provides affordable housing for women aged eighteen and over, who need a safe, affordable, and supportive place to live until they are ready and able to move into other housing of choice.
<b>CAPTAIN Community Human Services Youth Shelter</b> 518-584-6042  <b>For additional information see <a href="#">website</a></b>	CAPTAIN Youth Shelter is an available short term resource for youth ages 13-17 years of age. Shelter staff provide case management services and involve the teen in daily activities while they receive support and encouragement. They are open 24/7/365 to any youth, male or female, who is runaway, homeless, at risk of becoming homeless, or in an otherwise unsafe situation <b>Services:</b> Crisis housing, case management
<b>Safe Inc</b> 1344 Albany St. (518) 374-5178  <b>Get Help Now</b> Need emergency shelter or support? There's help available. Call us to be connected with a member of staff, 24 hours a day, 7 days a week, 365 days a year. (518) 374-5178  <b>For additional information see <a href="#">website</a></b>	Safe Inc. is a nonprofit that works to provide a safe environment for homeless and at-risk youth to grow into healthy, self-sufficient adults. We have a variety of homeless youth programs to empower youth and change their future. Explore the programs we have available for the Schenectady, Albany, and Capital Region communities.

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## Adult and Family Housing Services

<u>Agency</u>	<u>Description</u>
<b>Bethesda House</b> 834 State St, Schenectady, NY 12307 (518) 374-7873  <b>For additional information see <a href="#">website</a></b>	Their goal is to end the cycle of poverty and homelessness - not just manage the symptoms. Their services include case management, housing, medical care, education and group support

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**City Mission Shelter**

425 Hamilton Street, Schenectady, NY  
12305  
(518) 346-2275  
Email: [info@citymission.com](mailto:info@citymission.com)

For additional information see [website](#)

**Services Offered:****Emergency & Long-Term Shelter:**

- Available 24/7, 365 days/year for homeless men, women, and children.
- Includes a safe place to sleep, hot meals, clothing, and basic care.

**Supportive Services for All Residents:**

- Three nutritious meals daily
- Clothing and personal care items
- Discipleship and life-skills training
- Job search assistance
- Access to free medical clinic and fitness classes

**Family Life Center (FLC) – Women & Children:**

- 35-bed facility offering emergency to long-term shelter
- Family-style apartments to keep mothers and children together
- Child Enrichment Center: safe, staffed childcare while mothers attend programs
- Life skills, personal development, and empowerment programs

**Men's Center:**

- 76-bed shelter for adult men (18+)
- Emergency and long-term stay options
- Support from staff and Resource Navigators (help with ID, documentation, housing, jobs)

**Transitional Housing:**

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	<ul style="list-style-type: none"> <li>• 56 apartments for program graduates</li> <li>• Located on Lafayette Street &amp; Cornerstone Building</li> <li>• Affordable housing for women, children, and men</li> <li>• Helps residents build financial stability, plan monthly budgets, and work toward independence</li> <li>• Ongoing support from City Mission staff</li> </ul>
<b>Schenectady Community Action Program (SCAP)</b> 913 Albany St, Schenectady, NY 12307 (518) 374-9181  <b>For additional information see <a href="#">website</a></b>	Their services include: Community Resource Network; Resource Navigation; Homelessness Prevention and Court Advocacy; Transitional and Permanent Housing; Employer Resource Network; Career Readiness; Employment Search and Job Retention; Individual and Systemic Advocacy; Head Start; Early Head Start-Child Care Partnerships; Universal Pre-Kindergarten
<b>Department of Social Services</b> 797 Broadway, Schenectady, NY 12305 (518) 388-4470  <b>For additional information see <a href="#">website</a></b>	They provide services with employment training, Housing security, family assistance, energy and housing, and emergency assistance
<b>Bethesda House</b> 834 State St, Schenectady, NY 12307 518-374-7873 <b>Hours:</b> Mon-Fri 9am-4:30pm  <b>For additional information see <a href="#">website</a></b>	Bethesda House is an interfaith ministry to the homeless, disabled and economically disadvantaged citizens of Schenectady County, building a just, hospitable and inclusive community one person at a time by affirming the dignity and addressing the needs of each guest entering this "House of Mercy". <b>Services:</b> Case management, social work, medical care, housing, day program, emergency food services, education, and support group

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# Immigration Resources

## Advocacy & Services

<u>Agency</u>	<u>Description</u>
<p><b>New York Immigration Coalition</b>  <b>Contact:</b>            Angela Castrillo-Vilches - Manager of Community Programming            acastrillovilches@nyic.org            (212) 627-2227</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The New York Immigration Coalition, a state-wide member-led coalition of immigrant and refugee organizations, works to transform the lives of all New Yorkers by strengthening and building our members' power, organizing and educating our communities and the public, and using our collective voice to advocate for opportunity and justice.</p> <p><b>Services:</b> Parent support, legal advocacy, education, referrals</p>
<p><b>US Citizenship and Immigration Services</b>            1 (800) 275-5283</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>The U.S. Citizenship and Immigration Services (USCIS) is responsible for processing immigration and naturalization applications and establishing policies regarding immigration services. You may manage your case, submit paperwork, and access a green card through this agency.</p>
<p><b>Human Resources Administration</b>            For immigration advice and assistance ActionNYC hotline is 1 (800) 354-0365. If you are calling on behalf of someone else and need legal advice or a lawyer the Legal Aid Society's hotline is 1 (800) 354-0365</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>Clients who are immigrants and who are concerned that they may be at risk of deportation may obtain free, safe immigration advice and assistance. New York also reaffirms its long-standing policy and commitment to protect the privacy of our clients and the confidentiality of client information pursuant to Federal, State and Local Law, as well as the policies of City agencies.</p>
<p><b>Refugee and Immigrant Support Services of Emmaus</b>            (518) 621-1041            240 W Lawrence St. Albany, NY 12208</p> <p><b>For additional information see <a href="#">website</a></b></p>	<p>To support refugees and immigrants to build new lives and thrive in the capital region. We do this through language classes, immigration and employment assistance, youth programming, and case management</p>

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<b>US Committee for Refugees and Immigrants</b>  (518) 459-1790 Email: <a href="mailto:infor@uscri-albany.org">infor@uscri-albany.org</a>  <b>For additional information see <a href="#">website</a></b>	The USCRI Albany field office has been welcoming newcomers to Albany, New York since 2005. Newly arrived refugees receive a comprehensive set of services including housing placement, cultural orientation, school enrollment, coordination of initial health appointments, referrals to ESL classes, and employment preparation and placement.

### Translation Services

<b><u>Agency</u></b>	<b><u>Description</u></b>
<b>Advance Translation (LLC)</b> (518) 726-7663 2301 Cambridge Rd. Suite 211 Schenectady, NY 12304  <b>For additional information see <a href="#">website</a></b>	Translates over the phone and video calls as well
<b>Interpreters Unlimited</b> (800) 726-9891  <b>For additional information see <a href="#">website</a></b>	These services are available 24/7 and provide services for over 200 languages.

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