## Bradt & Pinewood Breakfast & Lunch Menu

Effective November 1, 2023, each student is eligible to receive 1 free breakfast and 1 free lunch.

		1 free breakfast and 1		
Monday	Tuesday	Wednesday	Thursday	Friday
If your child has a food allergy, please notify us at (518) 356-8225.		1 Breakfast Pick 4 Items:	2 Breakfast Pick 4 Items:	3 Breakfast Pick 4 Items:
Allergy information available upon request.		Pork Sausage, Egg & Cheese Pocket, Bagel, Assorted Cereal,	Cinnamon Donut, Bagel, Assorted Cereal, Yogurt,	Pork Sausage, Egg & Cheese Breakfast Sandwich,
Allergy information available upon request.		Yogurt, Assorted Fruit,	Assorted Fruit, Juice & Milk	Bagel, Assorted Cereal,
Food shortages are nationwide, and our district is		Juice & Milk		Yogurt, Assorted Fruit,
also experiencing unavailable items or last-minute		Hat Londo	Hot Lunch Chicken Parmesan Sandwich,	Juice & Milk
replacements. Menus are subject to change, but we		<b>Hot Lunch</b> Hot Dog On A Bun,	Pasta Veggie Salad,	Hot Lunch
will do our best to notify you if there are any		Oven Fries, Baked Beans,	Baby Carrots,	Pizza Hut Cheese Pizza,
changes. We appreciate your patience and		Coleslaw, Oatmeal Bar,	Italian Cucumbers,	String Cheese, Yogurt,
understanding!		Assorted Fruit, Juice & Milk	Assorted Fruit, Juice & Milk	Spinach Salad, Red Peppers,
				Assorted Fruit, Juice & Milk
6	7	8	9	10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
French Toast, Bagel,	Maple Pancakes, Bagel,	Blueberry Muffin,	Cinnamon Dutch Waffles,	Pork Sausage, Egg & Cheese
Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Surf's Up Smoothie, Bagel, Assorted Cereal, Yogurt,	Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Breakfast Sandwich, Bagel, Assorted Cereal,
Assorted Fruit, Juice & Willk	Assorted Fruit, Juice & Wilk	Assorted Fruit, Juice & Milk	Assorted Fruit, Juice & Willk	Yogurt, Assorted Fruit,
Hot Lunch	Hot Lunch	, 15501 tea 1 rait, Juice & Willik	Hot Lunch	Juice & Milk
Chicken Tenders & Waffles,	Hamburger On A Bun,	Hot Lunch	Rotini & Tomato Sauce,	Jaice a Wilk
Corn, Baby Carrots,	American Cheese,	Nacho Salad Supreme,	String Cheese, Dinner Roll,	GRAB & GO LUNCH
Assorted Fruit, Juice & Milk	Oven Fries, Baked Beans,	Assorted Toppings, Hot Cheese	Italian Green Beans,	Bagel OR Cereal,
	Broccoli Ranch Salad,	OR Shredded Cheddar Cheese,	Italian Cucumbers,	Yogurt, String Cheese,
	Assorted Fruit, Juice & Milk	Red & Green Peppers, Assorted Fruit, Juice & Milk	Assorted Fruit & Milk	Baby Carrots, Broccoli Florets,
		Assorted Fruit, Juice & Willk		Assorted Fruit, Juice & Milk
				EARLY DISMISSAL
13	14	15	16	17
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
Mini Cinni, Bagel,	Confetti Pancakes,	Pumpkin Bread, Pork Sausage,	French Toast Sticks, Bagel,	Ham, Egg & Cheese Breakfast
Assorted Cereal, Yogurt,	Pork Sausage, Bagel,	Bagel, Assorted Cereal, Yogurt,	Assorted Cereal, Yogurt,	Sandwich, Bagel, Assorted
Assorted Fruit, Juice & Milk	Assorted Cereal, Yogurt,	Assorted Fruit, Juice & Milk	Assorted Fruit, Juice & Milk	Cereal, Yogurt, Assorted
Hot Lunch	Assorted Fruit, Juice & Milk	Hot Lunch	Brunch For Lunch	Fruit, Juice & Milk
Cheese Filled Breadsticks,	Hot Lunch	Chicken Fajita Wrap,	Pancake Pouch,	Hot Lunch
Tomato Sauce,	Chicken Bites Salad,	Assorted Toppings,	Pork Sausage,	Pizza Hut Cheese Pizza,
Roasted Potatoes,	Rainbow Couscous,	Shredded Cheddar Cheese,	Roasted Potatoes,	String Cheese OR Yogurt,
Roasted Broccoli, Baby Carrots,	Mixed Green Salad,	Spanish Rice, Corn, Tortilla Chips, Salsa,	Yogurt, Hot Apples,	Red Pepper Strips,
Assorted Fruit, Juice & Milk	Roasted Chick Peas,	Assorted Fruit & Milk	Baby Carrots,	Cauliflower Salad, Baby Carrots,
•	Assorted Fruit & Milk		Assorted Fruit, Juice & Milk 23	Assorted Fruit, Juice & Milk  24
20 Breakfast	21 Breakfast	22	23	24
Pick 4 Items:	Pick 4 Items:			
Chocolate Chip Muffin,	Maple Waffles, Bagel,			
Bagel, Assorted Cereal, Yogurt,	Assorted Cereal, Yogurt,	1/2 DAY	RECESS DAY	RECESS DAY
Assorted Fruit, Juice & Milk	Assorted Fruit, Juice & Milk			
Hot Lunch	Hot Lunch	STAFF DEVELOPMENT	NO SCHOOL	NO SCHOOL
Mozzarella Sticks,	Chicken Nuggets,	DAY		
Tomato Sauce, Dinner Roll,	Oven Fries, Baked Beans,			
Roasted Potato Wedges,	Strawberry Chex Mix, Fruit			
Italian Green Beans,	Pudding Whip, Baby Carrots,			
Assorted Fruit & Milk	Assorted Fruit, Juice & Milk			
27	28	29	30	31
	Breakfast Pick 4 Items:	Breakfast Pick 4 Items:	Breakfast Pick 4 Items:	Breakfast Pick 4 Items:
	Cinnamon Toast Crunch	Maple Pancakes, Bagel,	Cinnamon Donut,	Pork Sausage, Egg & Cheese
MEMORIAL DAY	Square, Bagel,	Assorted Cereal, Yogurt,	Bagel, Assorted Cereal, Yogurt,	Breakfast Sandwich, Bagel,
	Assorted Cereal, Yogurt,	Assorted Fruit, Juice & Milk	Assorted Fruit, Juice & Milk	Assorted Cereal, Yogurt,
NO SCHOOL	Assorted Fruit, Juice & Milk	•		Assorted Fruit, Juice & Milk
		Hot Lunch	Hot Lunch	
	Hot Lunch	Ziti With Meatballs,	Popcorn Chicken Wrap,	Hot Lunch
	Taco Cheese Fries, Hot Cheese, Shredded	String Cheese, Dinner Roll, Baby Carrots,	Assorted Toppings,	Pizza Hut Cheese Pizza, String Cheese, Yogurt,
	Cheddar, Tortilla Chips,	Broccoli Ranch Salad,	Shredded Cheddar Cheese,	Red Pepper Strips,
	Salsa, Dinner Roll,	Assorted Fruit & Milk	Oven Fries, Corn, Baby Carrots, Assorted Fruit & Milk	Green Bean Salad,
	Assorted Fruit & Milk		Assorted Fiult & WIIK	Roasted Chick Peas,
				Assorted Fruit, Juice & Milk

## **Nondiscrimination Statement**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: <a href="https://www.usda.gov/sites/default/files/documents/USDA-OASCR P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf(link is external)</a>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

## 1. **mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov(link is external)

This institution is an equal opportunity provider.