Effective November 1, 2023, each student is eligible to receive 1 free breakfast and 1 free lunch.

Multiple Hot And Cold Opti	ons Will Be Available daily.			
Monday	Tuesday	Wednesday	Thursday	Friday
If your child has a food allergy, please notify us at (518) 356-8225.		3	4	5
Allergy information available upon request.		SPRING BREAK	SPRING BREAK	SPRING BREAK
Food shortages are nationwide, and our district is also experiencing unavailable items or last-minute replacements. Menus are subject to change, but we will do our best to notify you if there are any changes. We appreciate your patience and understanding!		NO SCHOOL	NO SCHOOL	NO SCHOOL
8	9	10	11	12
Pizza Cheese Crunchers Tomato Sauce, Roasted Potato Wedges, Dinner Roll, Baby Carrots, Italian Green Beans, Assorted Fruit, Juice & Milk	Chicken Taco Wrap Assorted Toppings, Fiesta Rice, Refried Beans, Assorted Fruit, Juice & Milk	Chicken & Mashed Potato Bowl Gravy, Corn, Dinner Roll, Baby Carrots, Assorted Fruit, Juice & Milk	Nacho Salad Supreme Tortilla Chips OR Burrito Wrap, Hot Cheese OR Shredded Cheddar Cheese, Assorted Toppings, Assorted Fruit & Milk	Pasta Fagioli & French Bread Pizza Spinach Salad, Assorted Fruit, Juice & Milk
15	16	17	18	19
Mozzarella Sticks & Garlic Breadsticks Tomato Sauce, Italian Green Beans, Baby Carrots, Assorted Fruit, Juice & Milk	General Tso's Chicken & Fried Rice Veggie Eggroll, Asian Broccoli Salad, Roasted Edamame Beans, Assorted Fruit, Juice & Milk	Pretzels & Hot Cheese & Tomato Soup Roasted Broccoli, Cheese Stick, Goldfish, Celery Sticks, Baby Carrots, Assorted Fruit, Juice & Milk	Nacho Salad Supreme Tortilla Chips OR Burrito Wrap, Hot Cheese OR Shredded Cheddar Cheese, Assorted Toppings, Assorted Fruit & Milk	Mexican Chicken Soup Rice, Shredded Cheddar, Tortilla Chips, Salsa, Red & Green Pepper Strips, Cinnamon Apple Churro, Assorted Fruit & Milk
22	23	24	25	26
Chicken Tenders & Waffles Hot Spiced Apples, Baked Beans, Baby Carrots, Assorted Fruit, Juice & Milk	Taco Cheese Fries Hot Cheese, Shredded Cheddar, Salsa, Tortilla Chips, Dinner Roll, Sour Cream, Black Olives, Assorted Fruit & Milk	BUILD YOUR OWN Macaroni & Cheese With Pulled Pork Caesar Salad, Baby Carrots, Dinner Roll, Assorted Fruit & Milk	Nacho Salad Supreme Tortilla Chips OR Burrito Wrap, Hot Cheese OR Shredded Cheddar Cheese, Assorted Toppings, Assorted Fruit & Milk	Buffalo Chicken Tot Bake Dinner Roll, Celery Sticks, Baby Carrots, Cheez-Its, Assorted Fruit, Juice & Milk
29	30			
Mexican Rice Bowl Fajita Chicken, Shredded Cheddar, Corn, Shredded Lettuce, Jalapenos, Black Beans, Salsa, Tortilla Chips, Sour Cream, Black Olives, Assorted Fruit & Milk	Rotini & Tomato Sauce OR Meat Sauce Broccoli Sunshine Salad, Italian Green Beans, Dinner Roll, String Cheese, Assorted Fruit, Juice & Milk			

Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf(link is external), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov(link is external)

This institution is an equal opportunity provider.