

# SCHENECTADY COUNTY FOOD RESOURCES

## Where to Call for Help



**These are tough times for many.**

If your family is in need of assistance with food, please call The Food Pantries for the Capital District at

**(518) 458-1167**

to find out how to access food resources, including:

- Food pantry deliveries to your home
- Food pantry locations & schedules nearest you
- Capital Roots Veggie Mobile stops
- Drive-through food pantries
- Grab-and-Go prepared meals for pick up

To find other community resources, call the One Schenectady Helpline at **(518) 930-4703**