

High School - Lunch Menu - January 2021

All individually packaged condiments will be provided based upon the menu items.				
Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken Parm Sandwich Roasted Potatoes, Italian Green Beans, Baby Carrots, Assorted Fruit, Juice & Milk	Teriyaki Chicken Sandwich Spicy Fries, Steamed Broccoli, Edamame Salad, Red and Green Peppers, Assorted Fruit, Juice & Milk	Chicken Parm Sandwich Roasted Potatoes, Italian Green Beans, Baby Carrots, Assorted Fruit, Juice & Milk	Teriyaki Chicken Sandwich Spicy Fries, Steamed Broccoli, Edamame Salad, Red and Green Peppers, Assorted Fruit, Juice & Milk	Nacho Salad Assorted Toppings, Assorted Fruit, Juice & Milk
11	12	13	14	15
BBQ Pulled Pork Sandwich Spicy Fries, Baked Beans, Coleslaw, Baby Carrots, Assorted Fruit & Milk	Nacho Salad Assorted Toppings, Assorted Fruit, Juice & Milk	BBQ Pulled Pork Sandwich Spicy Fries, Baked Beans, Coleslaw, Baby Carrots, Assorted Fruit & Milk	Mac & Cheese Roasted Broccoli, Italian Cucumbers, Dinner Roll, Baby Carrots, Assorted Fruit & Milk	Mac & Cheese Roasted Broccoli, Italian Cucumbers, Dinner Roll, Baby Carrots, Assorted Fruit & Milk
18	19	20	21	22
NO SCHOOL MARTIN LUTHER KING JR. DAY	Sriracha Chicken Wrap Spicy Fries, Steamed Broccoli, Edamame Salad, Baby Carrots, Assorted Fruit, Juice & Milk	Buffalo Chicken or Cheese Pizza Spicy Fries, Small Tossed Salad, Assorted Fruit, Juice & Milk	Sriracha Chicken Wrap Spicy Fries, Steamed Broccoli, Edamame Salad, Baby Carrots, Assorted Fruit, Juice & Milk	Buffalo Chicken or Cheese Pizza Spicy Fries, Small Tossed Salad, Assorted Fruit, Juice & Milk
25	26	27	28	29
VIRTUAL SCHOOL DAY NO MEALS SERVED	VIRTUAL SCHOOL DAY NO MEALS SERVED	Meatball Sub Roasted Potato Wedges, Steamed Broccoli, Chick Pea Salad, Baby Carrots, Assorted Fruit & Milk	Meatball Sub Roasted Potato Wedges, Steamed Broccoli, Chick Pea Salad, Baby Carrots, Assorted Fruit & Milk	Brunch For Lunch Sausage, Egg & Cheese on a Pretzel Roll OR Strawberry Yogurt Parfait & Bagel Roasted Potatoes, Baby Carrots, Assorted Fruit, Juice & Milk EARLY DISMISSAL
<u>LUNCHES AVAILABLE EVERY DAY:</u> Chicken Nuggets Spicy Chicken Patty Cheeseburger Bagel Smoothie PBJ Assorted Sandwiches Assorted Salads				

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

This institution is an equal opportunity provider.