

High School Lunch Menu | September 2019

High School Prices: Breakfast \$1.75, Lunch:

\$3.25

Always available daily:		Salad bar with assorted veggies, fruits & milk. Deli station with assorted meats, toppings, grains, fruits and milk. Shack has assorted sandwiches, oven fries, fruits and milk.		
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
LABOR DAY NO SCHOOL	STAFF DEVELOPMENT DAY	STAFF DEVELOPMENT DAY	<p>Pepperoni & Cheese Calzone Tomato Sauce, Mixed Green Salad, Chick Peas, Assorted Fruit & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	<p>Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk</p>
9	10	11	12	13
<p>Chicken Parm Sandwich Roasted Potatoes, Italian Green Beans, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>Chicken Taco Wrap Assorted Toppings, Spicy Fries, Corn, Refried Beans, Assorted Fruit & Milk</p>	<p>Rotini And Tomato Sauce String Cheese, Dinner Roll, Broccoli, Tomato Mozzarella Salad, Baby Carrots, Ass'td Fruit, Juice & Milk</p>	<p>Greek Chicken Flatbread Orzo Salad, Mixed Green Salad, Assorted Fruit & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	<p>Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk</p>
16	17	18	19	20
<p>Mozzarella Sticks & Italian Dunkers Tomato Sauce, Italian Green Beans, Roasted Chick Peas, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>Chicken Mash Potato Bowl Mashed Potatoes, Gravy, Corn, Baby Carrots, Dinner Roll, Assorted Fruit & Milk</p>	<p>Meatball Sub Roasted Potatoes, Steamed Broccoli, Italian Cucumbers, Baby Carrots, Ass'td Fruit & Milk</p>	<p>Buffalo Calzone Mixed Green Salad, Chick Peas, Assorted Fruit & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	<p>Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk</p>
23	24	25	26	27
<p>Taco Cheese Fries Waffle Fries, Taco Meat, Hot Cheese, Shredded Cheddar, Sour Cream, Tortilla Chips, Salsa, Black Olives, Jalapenos, Baby Carrots, Dinner Roll, Assorted Fruit & Milk</p>	<p>Sriracha Chicken Wrap Spicy Fries, Red & Green Pepper Strips, Edamame Bean Salad, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>Macaroni And Cheese Roasted Broccoli, Dinner Roll, Italian Cucumbers, Baby Carrots, Ass'td Fruit & Milk</p>	<p>Chicken & Waffle Sandwich Tater Tots, Mixed Green Salad, Assorted Fruit, Juice & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	<p>Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk</p>
30				
<p>Mexican Rice Bowl Fajita Chicken, Shredded Cheese, Diced Tomatoes, Shredded Lettuce, Sliced Olives, Sliced Jalapenos, Salsa, Sour Cream, Black Beans, Corn, Assorted Fruit & Milk</p>				

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