

High School Lunch Menu | March 2019

High School Prices: Breakfast \$1.75, Lunch: \$3.25

Always available daily:			Salad bar with assorted veggies, fruits & milk. Deli station with assorted meats, toppings, grains, fruits and milk. Shack has assorted sandwiches, oven fries, fruits and milk.	
Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk
4	5	6	7	8
Chicken Fajita Wrap Assorted Toppings, Refried Beans, Tortilla Chips, Salsa, Assorted Fruit, Juice & Milk	Oven Roasted Drumsticks Mashed Potatoes, Gravy, Corn, Baby Carrots, French Dinner Roll, Assorted Fruit, Juice & Milk	Ham & Cheese Croissant French Fries, Tossed Salad, Assorted Fruit, Juice & Milk	Brunch For Lunch Breakfast Sandwich OR Ham & Cheese Quiche OR Fruit Parfait or Fruit Smoothie with Muffin or Bagel, Roasted Potatoes, Assorted Fruit, Juice & Milk EARLY DISMISSAL	French Bread Pizza Mixed Green Salad, Crepe With Assorted Toppings, Assorted Fruit & Milk
11	12	13	14	15
Mozzarella Sticks & Dunkers Tomato Sauce, Italian Green Beans, Roasted Chick Peas, Baby Carrots, Assorted Fruit, Juice & Milk	Sriracha Chicken Wrap Spicy Fries, Steamed Broccoli, Steamed Edamame, Shredded Lettuce, Baby Carrots, Assorted Fruit, Juice & Milk	Macaroni & Cheese Crumbled Bacon, Italian Cucumbers, Corn, Dinner Roll, Italian Cucumbers, Assorted Fruit, Juice & Milk	Pepperoni & Cheese Calzone Tomato Sauce, Tossed Salad, Chopped Salad Mix, Chick Peas, Assorted Fruit & Milk Or Nacho Supreme Assorted Toppings, Assorted Fruit & Milk	Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk
18	19	20	21	22
Meatball Sub Roasted Potatoes, Italian Green Beans, Roasted Chick Peas, Baby Carrots, Assorted Fruit & Milk	Mexican Rice Bowl Fajita Chicken, Corn, Black Beans, Shredded Cheddar, Diced Tomatoes, Shredded Lettuce, Sour Cream, Salsa, Black Olives, Jalapenos, Assorted Fruit & Milk	Rotini & Tomato Sauce, String Cheese, Dinner Roll, Italian Green Beans, Spinach Salad, Assorted Fruit & Milk	Chicken & Waffle Sandwich Jack Cheese, Tater Tots, Mixed Green Salad, Assorted Fruit, Juice & Milk Or Nacho Supreme Assorted Toppings, Assorted Fruit & Milk	STAFF DEVELOPMENT DAY
25	26	27	28	29
Chicken Parm Sub Spicy Fries, Italian Green Beans, Roasted Chick Peas, Baby Carrots, Assorted Fruit, Juice & Milk	Italian Wedding Soup and Cheese Breadsticks Oyster Crackers, Tomato Sauce, Roasted Broccoli, Baby Carrots, Assorted Fruit & Milk	Oven Roasted Chicken Mashed Potatoes, Gravy, Stuffing, Corn, Dinner Roll, Assorted Fruit, Juice & Milk	Lasagna Sandwich Mixed Green Salad, Chick Peas, Assorted Fruit, & Milk Or Nacho Supreme Assorted Toppings, Assorted Fruit & Milk	Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk

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