

High School Lunch Menu | January 2019

High School Prices: Breakfast \$1.75, Lunch: \$3.25

Always available daily:		Salad bar with assorted veggies, fruits & milk. Deli station with assorted meats, toppings, grains, fruits and milk. Shack has assorted sandwiches, oven fries, fruits and milk.		
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Holiday Recess No School	Holiday Recess No School	<p>Buffalo Popcorn Chicken Spicy Fries, Shredded Cheddar, Chopped Salad Mix, Assorted Fruit, Juice & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk
7	8	9	10	11
<p>Chicken Parm Sandwich Roasted Potatoes, Italian Green Beans, Roasted Chick Peas, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>Sriracha Chicken Wrap Spicy Fries, Steamed Broccoli, Edamame Bean Salad, Shredded Lettuce, Red & Green Peppers, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>Spaghetti & Choice of Meat or Tomato Sauce String Cheese, Dinner Roll, Steamed Broccoli, Spinach Salad, Assorted Fruit, Juice & Milk</p>	<p>Pepperoni & Cheese Calzone Tomato Sauce, Chopped Salad Mix, Chick Peas, Assorted Fruit & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk
14	15	16	17	18
<p>Mozzarella Sticks & Dunkers Tomato Sauce, Italian Green Beans, Roasted Chick Peas, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>BBQ Pulled Pork Sandwich Spicy Fries, Coleslaw, Baked Beans, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>Macaroni & Cheese Crumbled Bacon, Italian Cucumbers, Corn, Dinner Roll, Tomato & Olive Salad, Assorted Fruit, Juice & Milk</p>	<p>Lasagna Sandwich Chopped Salad Mix, Chick Peas, Assorted Fruit & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk
21	22	23	24	25
<p>Martin Luther King Jr Day No School</p>	<p>Pizza Cheese Crunchers Tomato Sauce, Roasted Potatoes, Italian Green Beans, Roasted Chick Peas, Baby Carrots, Assorted Fruit & Milk</p>	<p>Chicken & Mashed Potato Bowl Shredded Cheddar, Gravy, Corn, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>Greek Chicken Flatbread Mixed Green Salad, Orzo Salad, Assorted Fruit & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	Cheese Pizza Mixed Green Salad, Assorted Fruit, Juice & Milk
28	29	30	31	
<p>Italian Wedding Soup & Cheese Breadsticks Oyster Crackers, Tomato Sauce, Roasted Broccoli, Baby Carrots, Assorted Fruit & Milk</p>	<p>General Tso's Chicken Wrap Assorted Toppings, Spicy Fries, Corn, Steamed Edamame Beans, Asian Coleslaw, Assorted Fruit, Juice & Milk</p>	<p>Meatball Sub Tomato Sauce, Shredded Mozzarella, Roasted Potato Wedges, Roasted Chick Peas, Italian Green Beans, Baby Carrots, Assorted Fruit & Milk</p>	<p>Buffalo Chicken Calzone Chopped Salad Mix, Celery Sticks, Baby Carrots, Assorted Fruit & Milk</p> <p style="text-align: center;">Or</p> <p>Nacho Supreme Assorted Toppings, Assorted Fruit & Milk</p>	

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