

Food Service Program



Summer 2011

Did you know that students who are well-nourished are shown to have increased problem-solving abilities, memory, verbal fluency and creativity? Still, the challenge is to make nutritious foods that kids will actually eat! Mohonasen students who buy their lunches in the school cafeteria know that the old days of "one-lunch-fits-all" are gone. Variety and choice are key these days. And at \$2.00 for elementary students and \$2.50 for middle and high school students, Mohonasen's school lunches are clearly one of the best deals around.

*This publication provides information on some of the most common questions about school meals. **Read on!***

FREQUENTLY ASKED QUESTIONS

Just how healthy are school meals?

All meals are lower in fat and provide balanced servings from each food group. School lunches provide half of the recommended allowances for calories, protein, vitamins A and C, iron and calcium. In recent years, Mohonasen has increased its use of whole grains, fresh fruits and vegetables. And nothing is fried; everything is baked – even the fries!

Pay for lunches online using PayPAMS

Pay for your child's meals from the comfort of your own home using PayPAMS – an online service that lets you pre-pay for meals online. With PayPAMS you can also view and manage your child's meal account, schedule automatic payments and view a report of daily spending and cafeteria purchases for free. Get started today by logging onto www.PayPAMS.com.

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What are the prices for school meals?

Mohonasen's prices are comparable to surrounding school districts. Prices for the 2011-12 school year are as follows:

	Breakfast	Lunch
Bradt Primary School	\$1.00	\$2.00
Pinewood Intermediate School	\$1.00	\$2.00
Draper Middle School	\$1.00	\$2.50
Mohonasen High School	\$1.00	\$2.50

Can kids prepay for meals?

Yes – and parents will save money doing so since children earn one free lunch for every 20 that are paid for in advance.

The cost for the prepaid plan is \$40 for 21 elementary lunches and \$50 for 21 lunches at the middle and high school.

Parents can send payment to school with their child, mail a check to the Mohonasen Food Service Program, 2072 Curry Road, Schenectady, NY 12303, or pay online at www.PayPAMS.com.

Children are given a pin number to type into a computer keypad as they go through the cafeteria line and the cost of the meal is automatically deducted from their account. Cafeteria workers help remind students when their account is getting low. Pin numbers may not be used to purchase snack items.

This system helps parents control how kids spend their lunch money and cuts down on the number of kids who lose their lunch money. Parents of students using the prepay policy may also obtain a copy of account activity showing which days students purchase meals.

YOUR CHILDREN MAY BE ELIGIBLE FOR

Free & Reduced-Price School Meals

Children need healthy meals to learn. Mohonasen offers healthy meals every school day. Children may qualify for free or reduced-price meals.

Breakfast costs \$1.00 and lunch costs \$2.00 at the elementary level and \$2.50 at the middle and high school. Students who are eligible for reduced-price lunches pay 25 cents per lunch and may eat breakfast at no cost.

To apply for free or reduced-price meals, submit a Direct Certification letter from the NYS Office of Temporary and Disability Assistance OR complete the enclosed application (see page 5), sign it and return it to either the school your child attends or the Mohonasen Food Service Department (located in the district business office within the high school) as soon as possible. Please refer to the guidelines outlined herein when completing the application. Be sure to fill out the application completely since incomplete applications cannot be approved.

Q&A about the Free and Reduced Lunch Program

- 1. Do I need to fill out an application for each child?** No. Complete the application to apply for free or reduced-price meals. Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to the Mohonasen Central School District, attn. Kim Gagnon.
- 2. Who can get free meals?** Children in households getting Food Stamps or TANF, and most foster children can get free meals regardless of your income. Also, your children can get free meals if your household income is within the free limits on the Federal Income Guidelines (see page 4).
- 3. Can foster children get free meals?** Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income.
- 4. Can homeless, runaway, and migrant children get free meals?** Yes, those who meet the definition may. Please contact the district's "homeless" liaison, Christopher Ruberti at 356-8222 to see if your child(ren) qualifies.
- 5. Who can get reduced-price meals?** Your children can get low cost meals if your household income is within the reduced price limits on the Federal Income Chart. See page 4.
- 6. Should I fill out an application if I received a letter this school year saying my children are approved for free or reduced-price meals?** Please read the letter you received carefully and follow the instructions. Call the food service director at 356-8225 if you have questions.
- 7. My child's application was approved last year. Do I need to fill out another one?** Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new year.
- 8. I get WIC, can my child(ren) get free meals?** Children in households participating in WIC may be eligible for free or reduced meals. Please fill out an application.
- 9. Will the information I give be checked?** Yes, we may also ask you to send in written proof.
- 10. If I don't qualify now, may I apply later?** Yes. You may apply at any time during the school year if your income goes down or household size goes up. Remember, if you lose your job your children may qualify.
- 11. What if I disagree with the school's decision about my application?** You should talk to school officials. You also may ask for a hearing by calling 356-8210 or writing to: Denise Swezey, Mohonasen Assistant Superintendent for Business, 2072 Curry Road, Schenectady, NY 12303.
- 12. May I apply if someone in my household is not a U.S. citizen?** Yes. You or your child(ren) do not have to be a U.S. citizen to qualify.
- 13. Who should I include as members of my household?** You must include all people living in your household, related or not (such as grandparents, other relatives, or friends). You must include yourself and all children who live with you. Please do not include if you live with other people who are economically independent.
- 14. What if my income is not always the same?** List the amount you normally get. If you normally get overtime, include it, but not if you get it only sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 15. We are in the military. Do we include our housing allowance as income?** If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
- 16. My spouse is deployed to a combat zone? Is her combat pay counted as income?** No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Call the food service director at 356-8225 for more information.
- 17. My family needs more help. Are there other programs we might apply for?** To find out how to apply for State SNAP or other assistance benefits, contact your local assistance office or call 1-800-342-3009.

How to Apply –

To get free or reduced-price meals for your children you may submit a Direct Certification letter received from the NYS Office of Temporary and Disability Assistance OR carefully complete one application (see page 5) for your household and return it to the designated office. If you now receive food stamps, Temporary Assistance to Needy Families (TANF) for any children, or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household food stamp, TANF or FDPIR number and the signature of an adult household member. All children should be listed on the same application.

If you do not list a food stamp, TANF or FDPIR number for all the children for whom you are applying, the application must include the names of everyone in the household, the amount of income earned by each household member, how often the income is received and where it comes from.

It must include the signature of an adult household member and the last four digits of the adult's social security number, or the word "none" if the adult does not have a social security number. An application that is not complete cannot be approved. Contact your local Department of Social Services for your food stamp or TANF number, or complete the income portion of the application.

Reporting Changes –

The benefits that you are approved for at the time of application are effective for the entire school year. You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive food stamps, until the following school year.

Income Exclusions –

The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

Nondiscrimination –

In accordance with federal law and U.S. Department of Agriculture policy, schools are prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write the USDA, Director, Office of Civil Rights, 1400 Independence Ave., SW, Washington, D.C. 20250-9410 or call 202-720-5964. The USDA is an equal opportunity provider and employer.

Meal Services to Children With Disabilities –

Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability that may restrict their diet.

A student with a disability is defined in 7CFR Part 15b.3 of federal regulations as one who has a physical or mental impairment that substantially limits one or more major life activity. Major life activities are defined to include functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working. You must request the special meals from the school and provide the school with medical certification from a medical doctor. If you believe your child needs substitutions because of a disability, please call the school lunch office because there is specific information that the medical certification must contain.

Bus Stops and Schedules

Go to www.mohonasen.org in late August for bus stop and schedule information.

Confidentiality –

The U.S. Department of Agriculture has approved the release of students' names and eligibility status, without parents' consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress programs, which are U.S. Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area and to assess educational progress.

Information may also be released to state health or state education programs administered by the state agency or local education agency, provided the state or local education agency administers the program, and federal, state or local nutrition programs similar to the National School Lunch Program.

Additionally, all information contained in the free and reduced-price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act or Child Nutrition Act; including the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women, Infants and Children; the Comptroller General of the U.S. for audit purposes and federal, state or local law enforcement officials

investigating alleged violations to the programs under the NSLA or CNA.

Disclosure of eligibility information not specifically authorized by NSLA requires a written consent statement from the parent/guardian.

One additional note about confidentiality

Mohonasen students who receive free or reduced-price meals are given pin numbers – just like everyone else – so their peers are not aware which children are receiving free or reduced lunches. We will let you know in writing when your application is approved or declined.

Students must enter their pin numbers at the register in order to receive free or reduced benefits. Otherwise, the food service department is unaware if they are eligible.

Food Service

Income eligibility guidelines...

The following chart lists income levels according to household size and income levels received either yearly, monthly or weekly. If your total household income is the same or less than the amounts on the income chart below, your children may be eligible to receive free or reduced-price meals. Income levels are effective from July 1, 2011 until further notice.

Household Size:	Household Income:				
	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$20,147	\$1,679	\$840	\$775	\$388
2	27,214	2,268	1,134	1,047	524
3	34,281	2,857	1,429	1,319	660
4	41,348	3,446	1,723	1,591	796
5	48,415	4,035	2,018	1,863	932
6	55,482	4,624	2,312	2,134	1,067
7	62,549	5,213	2,607	2,406	1,203
8	69,616	5,802	2,901	2,678	1,339
For each additional family member add	+7,067	+589	+295	+272	+136

Interested in becoming a food service helper?

If you or someone you know might be interested in a part-time job, please contact the Food Service Office at 356-8225.

Interested in driving a bus or being a bus aide?

Contact the Transportation Office at 356-8260.

Consent to release free or reduced price eligibility information

School officials may release information that shows that my child/children are eligible for free or reduced-price meals or free milk to the following programs. I understand that the information will only be provided to the program(s) checked below:

- Federal health programs such as Medicaid or Children's Health Insurance Program (CHIP)
- State or federal programs such as the Youth Summer Work program or the Educational Talent Search Program
- Local health and education programs and other local programs that provide benefits such as free textbooks or school supplies, free band instruments, or reduced fees for summer school or driver education.
- Community programs such as holiday baskets, summer arts and playground programs.

I understand that I will be releasing information that will show that my child/children are eligible for free or reduced-price meals and/or free milk. I give up my right to confidentiality for the program(s) checked.

Print child/children's names: _____

I certify that I am the child's parent/guardian for whom the application was made:

Signature of parent or guardian: _____

Print name of parent or guardian: _____

Address: _____

Phone Number: _____ Date: _____

Date Withdrew _____

Attachment IIIA

F ___ R ___ D ___
 *Temp Free Expires _____

2011-2012 Application for Free and Reduced Price School Meals/Milk

To apply for free and reduced price meals for your children, read the instructions on the back, complete only one form for your household, sign your name and return it to: **Mohonasen Central School District, Kim Gagnon. Call: 518-356-8225**, if you need help. Additional names may be listed on a separate paper.

1. List all children in your household who attend school:

Student Name	School	Grade/Teacher	Foster Child	No Income
			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>

2. Food Stamp or TANF Benefits:

If anyone in your household receives either food stamp, TANF or FDPIR benefits, list their name and CASE # here. Skip to Part 5, and sign the application.

Name: _____ CASE # _____

3. If any child you are applying for is homeless, migrant or a runaway, please call this number: (518)356-8223 Chris Ruberti

Homeless Migrant Runaway

(Homeless Liaison/Migrant Education Coordinator)

4. Household Gross Income: List all people living in your household, **how much** and **how often** they are paid (weekly, every other week, twice per month, monthly). **If you have listed a foster child above, you must report their personal income.**

Name of household member	Earnings from work before deductions <i>Amount / How Often</i>	Child Support, Alimony <i>Amount / How Often</i>	Pensions, Retirement Payments <i>Amount / How Often</i>	Other Income, Social Security <i>Amount / How Often</i>	No Income <input checked="" type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>

5. Signature: An adult household member must sign this application and provide the **last four digits of their Social Security Number (SS#)**, or mark the "I do not have a SS# box" before it can be approved. *I certify (promise) that all of the information on this application is true and that all income is reported. I understand that the information the school will get federal funds; the school officials may verify the information and if I purposely give false information, I may be prosecuted under applicable State and federal laws, and my children may lose meal benefits.*

Signature: _____ Date: _____

Email Address: _____ Last Four Digits of Social Security Number: ***-**-____

Home Phone _____ Work Phone _____ Home Address _____

I do not
have a
SS#

DO NOT WRITE BELOW THIS LINE – FOR SCHOOL USE ONLY

Annual Income Conversion (Only convert when multiple income frequencies are reported on application)
 Weekly X 52; Every Two Weeks (bi-weekly) X 26; Twice Per Month X 24; Monthly X 12

- Food Stamp/TANF/Foster
- Income Household: Total Household Income/How Often: _____ / _____ Household Size: _____
- Free Meals Reduced Price Meals Denied/Paid Temporary Free 45 Days Expires ___/___/___

Date Notice Sent: _____ Signature of Reviewing Official _____

APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, submit a Direct Certification letter received from the Office of Temporary and Disability Assistance OR complete only one application for your household using the instructions.. Sign the application and return the application to **Kimberly Gagnon**. If you have a foster child in your household, you may include them on your application. A separate application is no longer needed. Call the school if you need help:(518)356-8225. Ensure that all information is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION. DO NOT FILL OUT MORE THAN ONE APPLICATION FOR YOUR HOUSEHOLD.

- (1) Print the names of the children, including foster children, for whom you are applying on one application.
 - (2) List their grade and school.
 - (3) Check the box to indicate a foster child living in your household, and check the box for each child with no income.
-

PART 2 HOUSEHOLDS GETTING FOOD STAMPS, TANF OR FDPIR SHOULD COMPLETE PART 2 AND SIGN PART 5.

- (1) List a current Food Stamp, TANF or FDPIR (Food Distribution Program on Indian Reservations) case number of anyone living in your household.. Do not use the 16-digit number on your benefit card. The case number is provided on your benefit letter.
 - (2) An adult household member must sign the application in PART 5. SKIP PART 4. Do not list names of household members or income if you list a food stamp case number, TANF or FDPIR number.
-

PART 3 Before completing an application for a child who may be homeless, a migrant education student, or a runaway, please call your school's homeless liaison or migrant education coordinator at this number: (518)356-8223 Chris Ruberti (Homeless Liaison/Migrant Education Coordinator name and Phone Number)

PARTS 4 & 5 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 5.

- (1) Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.
 - (2) Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it came from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. **Specify how often this income amount is received: weekly, every other week (bi-weekly), 2 x per month, monthly.** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should **not** be considered as income for this program.
 - (3) The application must include the last four digits only of the social security number of the adult who signs **PART 5** if Part 4 is completed. If the adult does not have a social security number, check the box. If you listed a food stamp, TANF or FDPIR number, a social security number is not needed.
-

OTHER BENEFITS: Your child may be eligible for benefits such as Medicaid or Children's Health Insurance Program (CHIP). In order to determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

PRIVACY ACT STATEMENT

Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Food Stamp, Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

DISCRIMINATION COMPLAINTS

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

What's for lunch at Bradt & Pinewood in September?

Free breakfast and lunch for Bradt Primary School students for the first five days of school!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	For a Complete Monthly Menu, Visit: www.mohonasen.org		8 Chicken Patty on a Bun Oven Fries, Cucumber Slices, Fruit & Milk	9 Cheese Pizza, Mixed Green Salad with Tomatoes & Croutons, Fruit & Milk
12 Breakfast for Lunch French Toast, Sausage, Blueberry Topping, Roasted Potato, O.J. & Milk	13 Grilled Chix on a Bun Baby Carrots, Melon Cubes, Fruit & Milk	14 Penna Pasta & Sauce, String Cheese, Tossed Salad, Croutons Dinner Roll, Fruit & Milk	15 Turkey Club Wrap, Pickles, Macaroni Salad, Fruit & Milk	16 Cheese Pizza, Mixed Green Salad with Tomatoes & Croutons, Fruit & Milk
19 Italian Dunkers, String Cheese, Italian Green Beans, Baby Carrots, Fruit & Milk	20 Nacho Supreme w/ Turkey Meat Topping Assorted Vegetables, Corn, Fruit & Milk	21 Chicken Nuggets Corn Muffin, Tomato & Corn Salad, Roasted Potato, Fruit & Milk	22 Rotini w/ Meat Sauce Dinner Roll, Tossed Salad, Cucumber Slices, Fruit & Milk	23 Cheese Pizza, Mixed Green Salad with Tomatoes & Croutons, Fruit & Milk
26 Mozzarella Sticks, Tomato Sauce, Wheat Roll, Italian Green Beans, Baby Carrots, Fruit & Milk	27 Cheeseburger, Baked Beans, Pasta Tomato Salad, Fruit & Milk	28 Spaghetti & Meatsauce Dinner Roll, Tossed Salad & Croutons, Fruit & Milk	29 Popcorn Chicken Wrap, Pickles, Ranch Doritos, Fruit & Milk	30 Cheese Pizza, Missed Green Salad, with Tomatoes & Croutons, Fruit & Milk

Alternative Lunch Choices at Bradt and Pinewood

In addition to the featured lunch selections, alternative choices are offered each week at Bradt and Pinewood.

Sandwich of the Day: (served on wheat bread daily)

Monday – Ham and Cheese

Wednesday – Tuna Fish

Friday – Egg Salad

Tuesday – Turkey

Thursday – Bologna

Everyday: Peanut butter & jelly lunch OR yogurt & bagel lunch OR salad lunch – served with fruit, juice and milk.

Remember: There really IS such a thing as a free lunch!!

Buy 20 school lunches in advance and your child will get one free lunch. A check for \$40 buys 21 lunches for students in grades 1-5. A check for \$50 will buy the same number at the middle school and high school. Parents can send lunch checks in advance – made payable to Mohonasen Food Service Department, Attn: Kim Gagnon, Food Service Director, Mohonasen Central School District, 2072 Curry Rd., Schenectady, NY 12303 – or you can prepay online at www.PayPAMS.com. You can also check your child's balance in PayPAMS for FREE.

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Mohonasen

CENTRAL SCHOOL DISTRICT

2072 Curry Road
Schenectady, NY 12303

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SUPERINTENDENT

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Mohonasen CENTRAL SCHOOL DISTRICT Food Service

Does Mohonasen serve breakfast?

Yes, we understand that children need breakfast to stay alert and do well in school throughout the day. It wakes up their brains after a long night's rest – like throwing a log onto a smoldering fire. If your child doesn't have time to eat a good breakfast in the morning or simply isn't hungry that early, the school breakfast program is a great option. Any student eligible for free or reduced-price lunches may eat breakfast at no charge. Full-paying students only need \$1. Money in student meal accounts can be used for breakfast or lunch.

Breakfast is served from 8 to 8:30 a.m. at our elementary schools and the food service staff will wait if they know a bus hasn't arrived yet. At Draper Middle School, breakfast is served from 7 to 8 a.m. and at Mohonasen High School, breakfast foods are served from 7 to 7:30 a.m. in Cafeteria B, while seniors can eat breakfast until 9:40 a.m.

Why are meal prices increasing?

New federal regulations, outlined in the Healthy, Hungry Free Kids Act that was signed into law in December, require school districts to begin raising their prices so that they fall within specific guidelines. Under this same law, school lunches must also now include only fat-free milk, as well as more fruits, vegetables and whole-grains.

What are the policies on "charging" meals?

- **AT THE HIGH SCHOOL:**
Mohonasen High School students are not allowed to charge school lunches.
- **AT THE MIDDLE SCHOOL:**
Students may charge any combination of meals up to a value of \$5.00. No snacks or ala carte items may be charged. In the event a student forgets his/her money again after they have reached their charge limit, they will be offered a peanut butter and jelly sandwich, fruit and milk at no charge until daily charges are paid.
- **AT THE ELEMENTARY SCHOOLS:**
The policy is the same as at the middle school, except students may charge any combination of meals up to a value of \$6.00. If a student has a negative balance on his/her lunch account, he/she is not allowed to purchase snacks until all charges have been paid.

What if I want my middle or elementary school student to purchase extra lunch items on their lunch accounts?

Please send a letter to the cashier giving your permission yearly. This does not apply at the high school level.

Bus Stops and Schedules

Check your mailboxes! Postcards will be sent out two weeks prior to the start of school, notifying students of their assigned bus stop.